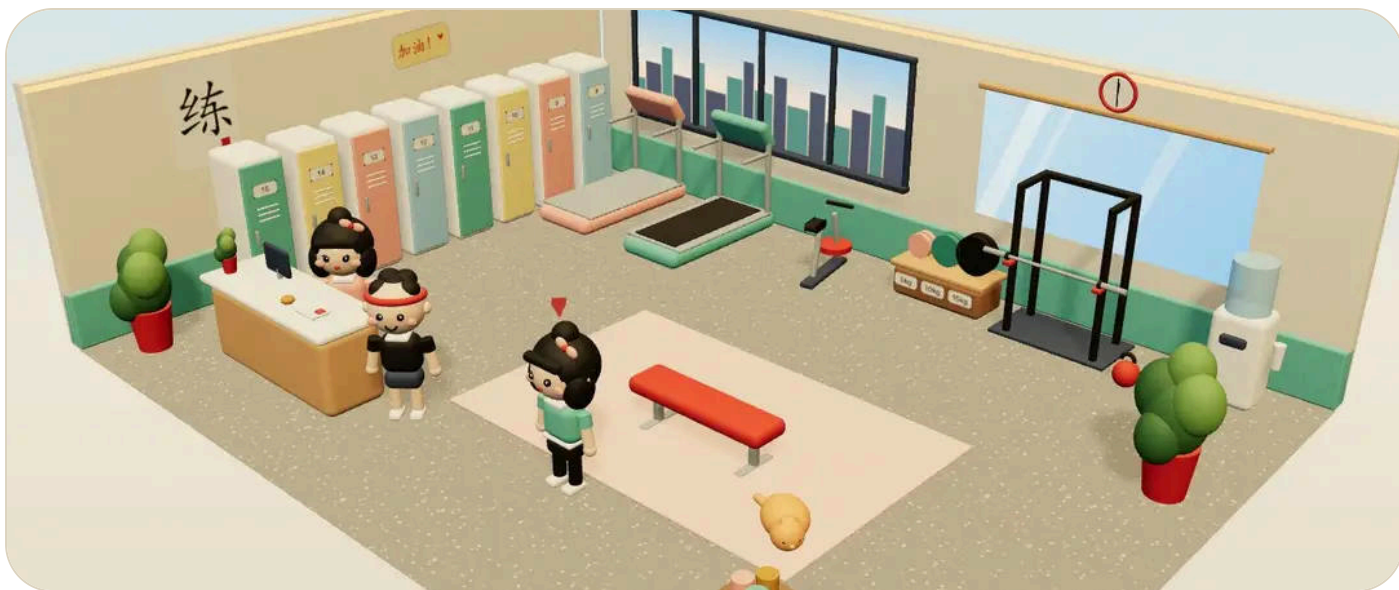




每一关画了线的词都在这里，一共 322 个：拼音、英文、讲解、例句。玩完一关，翻到那一章复习。





健身房练臀日

01 Glute day at the gym

shuā liǎn qiān dào

刷脸签到 *check in by face scan*

zài zhōng guó hěn duō jiàn shēn fáng bú yòng kǎ kàn yí xià shè xiàng tóu jiù qiān dào le.
在中国很多健身房不用卡，看一下摄像头就签到了。

Many gyms in China don't use cards. You look at the camera, and you're checked in.

wǒ měi tiān xià bān qù jiàn shēn fáng shuā liǎn qiān dào.
我每天下班去健身房刷脸签到。

I check in at the gym with my face every day after work.

yuè kǎ

月卡 *monthly card*

jiàn shēn fáng de kǎ yuè kǎ jì kǎ nián kǎ
健身房的卡：月卡、季卡、年卡。

Gym cards: 月卡 (one month), 季卡 (three months), 年卡 (one year).

yuè kǎ liǎng bǎi kuài nián kǎ liǎng qiān kuài
月卡两百块，年卡两千块。

A month card is 200 kuai. A year card is 2,000.

hái yǒu shí liù tiān

还有 16天 *16 days left*

hái yǒu shù zì shuō hái shèng duō shǎo hái yǒu shí liù tiān hái yǒu liǎng zǔ.
“还有 + 数字”说还剩多少：还有16天、还有两组。

还有 + number = how much is left: 还有16天, 还有两组.

wǒ de nián kǎ hái yǒu sān gè yuè
我的年卡还有三个月。

My year card has three months left.

liàn tún tuǐ

练臀腿 *train glutes and legs*

liàn bù wèi liàn tuǐ liàn bèi liàn xiōng tún hé tuǐ cháng cháng yì qǐ liàn
“练 + 部位”：练腿、练背、练胸。臀和腿常常一起练。

练 + body part = train that part: 练腿 (legs), 练背 (back), 练胸 (chest). People often train glutes and legs together.

jīn tiān liàn bèi míng tiān liàn tún tuǐ
今天练背，明天练臀腿。

Back today, glutes and legs tomorrow.

xùn liàn kǎ

训练卡 *training card*

guì zi

柜子 *locker*

shí èr hào

十二号 *number twelve*

“数字 + 号”: 几号? 十二号。

number + 号 = number ...: 几号? 十二号。

nǐ de fáng jiān shì jǐ hào
你的房间是几号?

What's your room number?

tiáo dào wǔ

调到五 *set it to five*

“调到 + 数字”: 把速度、温度、音量调到一个数。

调到 + number = set it to a number: speed, temperature, volume.

kōng diào diào dào èr shí liù dù
空调调到二十六度。

Set the air conditioner to 26 degrees.

kuài yì diǎn

快一点 *a bit faster*

形容词 + 一点: 快一点、慢一点。北方人常说“一点儿”, “儿”跟前面的字连着读。

adjective + 一点 = a bit more ...: 快一点, 慢一点.

Northern speakers say 一点儿, with 儿 joined onto the sound before it.

nǐ shuō huà màn yì diǎn hǎo ma
你说话慢一点, 好吗?

Can you speak a bit slower, please?

màn yì diǎn

慢一点 *a bit slower*

形容词 + 一点: 快一点、慢一点。北方人常说“一点儿”, “儿”跟前面的字连着读。

adjective + 一点 = a bit more ...: 快一点, 慢一点.

Northern speakers say 一点儿, with 儿 joined onto the sound before it.

rè shēn

热身 *warm up*

yùn dòng qián xiān rè shēn bù rán róng yì shòu shāng
运动前先热身, 不然容易受伤。

Warm up before sport, or you can get hurt.

pǎo bù qián yào xiān rè shēn
跑步前要先热身。

Warm up before you run.

tài màn le

太慢了 *too slow*

“太 + 形容词 + 了”: 太慢了、太贵了。
太 + adjective + 了 = too ...: 太慢了, 太贵了.

tài kuài le

太快了 *too fast*

rè shēn rè hǎo le

热身热好了 *warm-up done*

“热身”是“热 + 身”。说做完了, 口语里常把动词重复一下: 热身热好了、吃饭吃好了。

热身 = 热 + 身. To say you've finished, people often say the verb twice: 热身热好了, 吃饭吃好了.

wǒ chī fàn chī hǎo le zǒu ba
我吃饭吃好了, 走吧!

I've finished eating. Let's go!

shēn dūn jià

深蹲架 *squat rack*

liàn shēn dūn yīng lā de dà jià zi
练深蹲、硬拉的大架子。

The big rack for squats and deadlifts.

yì biān jiā yí gè

一边加一个 *one on each side*

yì biān shù liàng měi yì biān dōu zhè me duō — zuǒ biān yí gè yòu biān yě yí gè
“一边 + 数量”：每一边都这么多 —— 左边一个，右边也一个。

一边 + number = that many on each side.

zhuō zi yì biān zuò liǎng gè rén

桌子一边坐两个人。

Two people sit on each side of the table.

shí gōng jīn

十公斤 *ten kilos*

gōng jīn yì gōng jīn shì liǎng jīn
公斤 = kg。一公斤是两斤。

公斤 = kg. 1 公斤 = 2 斤。

wǒ xiǎng jiǎn sān gōng jīn

我想减三公斤。

I want to lose three kilos.

tài zhòng le

太重了 *too heavy*

tài xíng róng cí le
“太 + 形容词 + 了”。

太 + adjective + 了 = too ...

xiān

先 *first*

xiān zài xiān rè shēn zài liàn
先……再……：先热身，再练。

先……再…… = first ..., then ...: 先热身，再练。

xiān chī fàn zài xiě zuò yè

先吃饭，再写作业。

Eat first, then do your homework.

gàng líng

杠铃 *barbell*

yì gēn cháng gān liǎng tóu jiā piàn yǎ líng xiǎo yì zhī shǒu ná yí gè
一根长杆，两头加片。哑铃小，一只手拿一个。

A long bar with plates on both ends. 哑铃 (dumbbells) are small: one in each hand.

luó mǎ ní yà yìng lā

罗马尼亚硬拉 *Romanian deadlift*

yòng gàng líng liàn tún tuǐ de dòng zuò pì gǔ wǎng hòu tuī bèi tǐng zhí
用杠铃练臀腿的动作：屁股往后推，背挺直。

A barbell move for glutes and legs: push your hips back, keep your back straight.

yì zǔ bā gè

一组八个 *eight reps a set*

jiàn shēn shuō zǔ hé gè yì zǔ bā gè zuò sān zǔ
健身说“组”和“个”：一组八个，做三组。

At the gym: 组 = set, 个 = rep. 一组八个，做三组 = 3 sets of 8.

méi tiān zuò sān zǔ fú wò chēng

每天做三组俯卧撑。

I do three sets of push-ups every day.

hái yǒu duō shǎo zǔ

还有多少组 *how many sets left*

“还有多少 + 量词?” 问还剩多少: 还有多少组? 还有多少天?

还有多少 + measure word? = how many are left? 还有多少组? 还有多少天?

nǐ de yuè kǎ hái yǒu duō shǎo tiān

你的月卡还有多少天?

How many days are left on your month card?

bǎ máo jīn fàng zài cháng yǐ shàng

把毛巾放在长椅上

put the towel on the bench

“把 + 东西 + 放在 + 地方”: 把手机放在桌子上。

把 + thing + 放在 + place = put it there: 把手机放在桌子上。

qǐng bǎ shū fàng zài shū bāo lǐ

请把书放在书包里。

Please put the book in your school bag.

jiē diǎn shuǐ

接点水 *get some water*

“接水”是从饮水机、水龙头接水; “点”是“一点儿”。

接水 = get water from a water dispenser or a tap. 点 = 一点儿 (a little).

wǒ qù jiē diǎn shuǐ

我去接点水。

I'm going to get some water.

bié chí dào

别迟到 *don't be late*

“别 + 动词”: 别迟到、别忘了。

别 + verb = don't ...: 别迟到, 别忘了。

míng tiān bā diǎn shàng kè bié chí dào

明天八点上课, 别迟到!

Class is at eight tomorrow. Don't be late!

jiān chí zhù

坚持住 *hang in there*

快做不动的时候, 教练会喊“坚持住!”

When you can't do any more, the coach shouts 坚持住!

zuì hòu wǔ gè jiān chí zhù

最后五个, 坚持住!

Last five, hang in there!

yǐn shuǐ jī

饮水机 *water dispenser*

liàn de bú cuò

练得不错 *trained well*

“动词 + 得 + 怎么样”: 练得不错、说得很好。

verb + 得 + how = how well you do it: 练得不错, 说得很好。

nǐ zhōng wén shuō de zhēn hǎo

你中文说得真好!

Your Chinese is really good!

zài shuì jiào

在睡觉 *is sleeping*

“在 + 动词”说现在正在做的事。

在 + verb = doing it right now.

xiǎo māo zài shuì jiào bié chǎo tā

小猫在睡觉, 别吵它。

The kitten is sleeping. Don't wake it up.

jiào wǒ dà lì jiù xíng

叫我大力就行 *just call me Dali*

jiào wǒ jiù xíng bú yòng kè qì zhè yàng jiào wǒ jiù kě yǐ
“叫我.....就行”: 不用客气, 这样叫我就可
以。

Say 叫我...就行 to tell people what to call you, in a friendly way.

jiào wǒ xiǎo wáng jiù xíng

叫我小王就行。

Just call me Xiao Wang.

hé xīn shōu jǐn

核心收紧 *brace your core*

hé xīn shì dù zi hé yāo zhè yì quān shōu jǐn shì yòng lì bēng
“核心”是肚子和腰这一圈; “收紧”是用力绷
住。练的时候教练常说。

核心 = your core (belly and lower back). 收紧 =
tighten. Coaches say this all the time.

duō hē shuǐ

多喝水 *drink more water*

duō dòng cí duō zuò yì diǎnr shǎo dòng cí shǎo
“多 + 动词”: 多做一点儿; “少 + 动词”: 少
做一点儿。

多 + verb = do more; 少 + verb = do less.

duō chī cài shǎo chī ròu

多吃菜, 少吃肉。

Eat more vegetables, less meat.

lèi jiù duì le

累就对了 *tired is good*

jiù duì le zhè yàng shì duì de shì hǎo de jiào liàn hěn
“.....就对了”: 这样是对的、是好的。教练很
爱说。

...就对了 = that's how it should be. Coaches love this
one.

bié kàn wǒ

别看我 *don't look at me*

bié dòng cí bié kàn wǒ bié shuō huà
“别 + 动词”: 别看我、别说话。

别 + verb = don't ...: 别看我, 别说话.

shàng kè le bié kàn shǒu jī

上课了, 别看手机!

Class has started. Don't look at your phone!

jī ròu fā lì

肌肉发力 *muscles working*

gǎn shòu nǎr fā lì xiǎng zhe zhè kuài jī ròu zài yòng
“感受 + 哪儿 + 发力”: 想着这块肌肉在用
力。练臀可以说“感受臀部发力”。

感受...发力 = feel that muscle doing the work. For
glutes: 感受臀部发力.

nǎi chá

奶茶 *bubble tea*

měi tiān zǎo shang

每天早上 *every morning*

měi tiān shí jiān shuō cháng cháng zuò de shì měi tiān zǎo shang mēi
“每天 + 时间”说常常做的事: 每天早上、每
天晚上。

每天 + time = something you do every day.

wǒ mēi tiān wǎn shang shí diǎn shuì jiào

我每天晚上十点睡觉。

I go to bed at ten every night.

hái bù kě
还不渴 *not thirsty yet*

hái bù xíng róng cí xiàn zài hái bú shì zhè yàng děng yí xià kě
“还不 + 形容词”：现在还不是这样，等一下可能会。

还不 + adjective = not ... yet.

wǒ hái bù è
我还不饿。
I'm not hungry yet.

děng yí xià
等一下 *in a moment*

děng yí xià yí huìr bú shì xiàn zài
“等一下”：一会儿，不是现在。
等一下 = in a moment, not now.

děng yí xià wǒ mǎ shàng lái
等一下，我马上来！
Wait a moment, I'm coming!

yǐ jīng jiā hǎo le
已经加好了 *already done*

yǐ jīng dòng cí hǎo le zhè jiàn shì zuò hǎo le
“已经 + 动词 + 好了”：这件事做好了。
已经 + verb + 好了 = already done.

fàn wǒ yǐ jīng zuò hǎo le
饭我已经做好了。
I've already made dinner.

jiā yóu
加油 *keep going!*

jiā yóu gěi rén dǎ qì ràng tā jì xù nǔ lì
“加油！”：给人打气，让他继续努力。
加油! = come on, you can do it!

yì píng sān kuài
一瓶三块 *three kuai a bottle*

yī liàng cí jià qián yì píng sān kuài yì bēi shí wǔ kuài
“一 + 量词 + 价钱”：一瓶三块、一杯十五块。

one + measure word + price: 一瓶三块 = 3 kuai a bottle.

nǎi chá yì bēi shí wǔ kuài
奶茶一杯十五块。
Bubble tea is 15 kuai a cup.

liàn wán zài hē shuǐ
练完再喝水 *drink after training*

dòng cí wán zài zhè jiàn shì zuò wán le zài zuò nà jiàn shì
“动词 + 完 + 再……”：这件事做完了，再做那件事。

verb + 完 + 再 ... = finish this, then do that.

chī wán zài zǒu ba
吃完再走吧。
Finish eating, then go.

bié zháo jí
别着急 *don't rush*

bié zháo jí màn màn lái bú yòng jí
“别着急”：慢慢来，不用急。
别着急 = take your time, don't worry.

bié zháo jí hái yǒu shí jiān
别着急，还有时间。
Don't rush. There's still time.

yǒu diǎnr lèi
有点儿累 *a bit tired*

yǒu diǎnr xíng róng cí shuō bù tài hǎo de gǎn jué yǒu diǎnr lèi yǒu diǎnr guì
“有点儿 + 形容词”：说不太好的感觉：有点儿累、有点儿贵。
有点儿 + adjective = a bit ... (often something not so good).

zhè jiàn yī fu yǒu diǎnr guì
这件衣服有点儿贵。
This top is a bit expensive.

lái de zhèng hǎo
来得正好 *just at the right time*

lái de zhèng hǎo lái de shí jiān gāng gāng hǎo
“来得正好”：来的时间刚刚好。
来得正好 = you came at just the right time.

jì de lā shēn
记得拉伸 *remember to stretch*

jì de dòng cí bié wàng le zuò zhè jiàn shì
“记得 + 动词”：别忘了做这件事。
记得 + verb = remember to ... (don't forget).

chū mén jì de dài yào shì
出门记得带钥匙。
Remember to take your keys when you go out.

jì zhù le
记住了 *got it (I'll remember)*

jì zhù le jì zài xīn lǐ le bú huì wàng
“记住了”：记在心里了，不会忘。

记住了 = I've got it, I won't forget.

nǐ de diàn huà wǒ jì zhù le
你的电话我记住了。

I've remembered your phone number.



kā fēi diàn jīn tiān hē shén me

咖啡店：今天喝什么？

02

Coffee shop: what's today's order?

bāng péng you dài kā fēi

帮朋友带咖啡 A coffee for a friend

zhàn le gè zuò

占了个座 *got a seat*

“占座”是先找好位子、留给自己和朋友。

占座 = save a seat for yourself and your friends.

tú shū guǎn de wèi zi hěn nán zhàn

图书馆的位子很难占。

It's hard to get a seat in the library.

bāng wǒ dài

帮我带 *get it for me*

“帮我带 + 东西”：你去看的时候，顺便给我买一个。

帮我带 + thing = buy one for me while you're there.

nǐ qù chāo shì de huà bāng wǒ dài yì píng shuǐ

你去超市的话，帮我带一瓶水。

If you go to the supermarket, get me a bottle of water.

bīng měi shì

冰美式 *iced Americano*

“冰 + 饮料”：冰美式、冰拿铁、冰可乐。

冰 + drink = the iced one: 冰美式, 冰拿铁.

wǒ xià tiān zhǐ hē bīng měi shì

我夏天只喝冰美式。

In summer I only drink iced Americano.

dà bēi

大杯 *large (cup)*

小杯、中杯、大杯：杯子从小到大。

小杯 small, 中杯 medium, 大杯 large.

wǒ yì bān hē zhōng bēi

我一般喝中杯。

I usually have a medium.

shǎo táng

少糖 *less sugar*

tián dù wú táng shǎo táng zhèngcháng táng
甜度：无糖、少糖、正常糖。

How sweet: 无糖 none, 少糖 less, 正常糖 regular.

nǎi chá wǒ dōu yào shǎo táng
奶茶我都要少糖。

I always get my milk tea with less sugar.

qǐng wèn

请问 *may I ask*

yǒu lǐ mào de wèn wèn tí qián miàn jiā qǐng wèn
有礼貌地问问题，前面加“请问”。

Put 请问 in front of a question to be polite.

qǐng wèn xǐ shǒu jiān zài nǎ lǐ
请问洗手间在哪里？

Excuse me, where is the restroom?

dǎ bāo

打包 *to go; take away*

zài zhèr chī hē hái shì dǎ bāo dài zǒu fàn diàn lǐ chī bù wán yě kě yǐ shuō dǎ bāo
“在这儿吃／喝”还是“打包”带走。饭店里吃不完，也可以说“打包”。

打包 = to go. In a restaurant it also means packing up leftovers.

zhè xiē cài chī bù wán wǒ men dǎ bāo ba
这些菜吃不完，我们打包吧。

We can't finish this — let's pack it up.

sǎo mǎ diǎn dān

扫码点单 *order by scanning a QR code*

zài zhōng guó hěn duō diàn yòng shǒu jī sǎo zhuō shàng de mǎ diǎn dān fù qián
在中国很多店用手机扫桌上的码点单、付钱。

In China you often order and pay by scanning a QR code with your phone.

zhè jiā diàn zhǐ néng sǎo mǎ diǎn dān
这家店只能扫码点单。

This place only takes orders by QR code.

zài yào yí gè

再要一个 *and one more*

zài hái yào yí gè yòu yí cì diǎn dōng xī shí shuō zài yào yí gè
“再”：还要一个、又一次。点东西时说“再要一个……”。

再 = one more / again. When ordering: 再要一个...

zài shuō yí biàn hǎo ma
再说一遍，好吗？

Can you say it again, please?

hái shì

还是 *or (in a question)*

hái shì ràng bié rén cóng liǎng gè lǐ xuǎn yí gè bīng de hái shì rè de
“A还是B？”让别人从两个里选一个：冰的还是热的？

A 还是 B? = A or B? Use it when asking someone to choose.

nǐ xǐ huān hē kā fēi hái shì chá
你喜欢喝咖啡还是茶？

Do you like coffee or tea?

huì yuán kǎ

会员卡 *membership card*

diàn lǐ de kǎ yòng tā mǎi dōng xī pián yì yí diǎn kě yǐ jī fēn
店里的卡，用它买东西便宜一点、可以积分。

A shop's card: things cost a bit less, and you collect points.

zhè jiā chāo shì de huì yuán kǎ shì miǎn fèi de
这家超市的会员卡是免费的。

This supermarket's membership card is free.

yǒu yōu huì

有优惠 *there's a discount*

yōu huì pián yì yí diǎn dǎ zhé sòng dōng xī
“优惠”：便宜一点、打折、送东西。

优惠 = a deal: cheaper, a discount, or something free.

xué shēng yǒu yōu huì ma
学生有优惠吗？

Is there a student discount?

dǎ bā zhé

打八折 *20% off*

dǎ jǐ zhé dǎ bā zhé yuán jià de bǎi fēn zhī bā shí yī bǎi
“打几折”：打八折 = 原价的百分之八十。一百
kuài dǎ bā zhé shì bā shí kuài
块打八折是八十块。

打八折 = you pay 80% of the price. 100 kuai → 80 kuai.

zhè jiàn yī fu dǎ jiǔ zhé

这件衣服打九折。

This top is 10% off.

qǐng shāoděng

请稍等 *just a moment, please*

shāo shì yī diǎn diǎn qǐng shāoděng bǐ děng yī xià gèng kè qì
“稍”是一点点。“请稍等”比“等一下”更客气。
稍 = a little. 请稍等 is a polite "please wait".

qǐng shāoděng wǒ mǎ shàng lái

请稍等，我马上来。

Just a moment, I'll be right there.

bā shí èr hào

八十二号 *number 82*

èr shí bā hé bā shí èr tīng qǐ lái hěn xiāng zhù yì tīng qián miàn
“二十八”和“八十二”听起来很像，注意听前面
shì jǐ
是几。

28 (二十八) and 82 (八十二) sound alike – listen to the first number.

wǒ qǐng nǐ

我请你 *my treat*

qǐng yě yǒu wǒ fù qián de yì sī wǒ qǐng nǐ hē kā fēi
“请”也有“我付钱”的意思：我请你喝咖啡。

请 can mean "I'll pay": 我请你喝咖啡 = coffee's on me.

jīn tiān wǎn fàn wǒ qǐng nǐ

今天晚饭我请你。

Dinner's on me tonight.

bù zhāo jí

不着急 *no rush*

bù zhāo jí màn màn lái méi guān xi
“不着急”：慢慢来，没关系。

不着急 = take your time.

nǐ màn màn chī bù zhāo jí

你慢慢吃，不着急。

Take your time eating, no rush.

qǔ cān hào

取餐号 *pickup number*

fù le qián diàn lǐ gěi nǐ yī gè hào hào hǎo le jiù qù ná
付了钱，店里给你一个号。号好了就去拿。

After you pay you get a number. When it's called, go and pick up.

nǐ de qǔ cān hào shì duō shǎo

你的取餐号是多少？

What's your pickup number?

hǎo le

好了 *is ready*

hǎo le zuò hǎo le kě yǐ ná le
“……好了”：做好了，可以拿了。

…好了 = it's ready, come and get it.

fàn hǎo le kuài lái chī

饭好了，快来吃！

Dinner's ready, come and eat!

zhuǎn gěi nǐ

转给你 *send (money) to you*

yòng wēi xìn zhī fù bǎo bǎ qián gěi bié rén shuō zhuǎn
用微信、支付宝把钱给别人，说“转”。

转 = send money by WeChat or Alipay.

wǎn fàn de qián wǒ zhuǎn gěi nǐ le

晚饭的钱我转给你了。

I sent you the money for dinner.

xià cì

下次 *next time*

xià cì xià yí cì zhè cì shàng cì
“下次”下一次；“这次”“上次”。

下次 next time; 这次 this time; 上次 last time.

xià cì jiàn

下次见！

See you next time!

mài wán le

卖完了 *sold out*

dòng cí wán zuò hǎo le méi yǒu le mài wán le chī wán le
“动词 + 完”：做好了、没有了。卖完了、吃完了、用完了。

verb + 完 = finished: 卖完了 sold out, 吃完了 eaten up.

niú nǎi hē wán le míng tiān zài mǎi

牛奶喝完了，明天再买。

The milk's all gone – I'll buy more tomorrow.

zhèr yǒu rén
这儿有人 *this seat is taken*

yǒu rén zài zhèr shì yǒu rén zuò le wèn de shí hòu shuō zhèr
“有人”在这儿是“有人坐了”。问的时候说“这儿有人吗？”

有人 here means someone is sitting here. Ask: 这儿有人吗?

qǐng wèn zhèr yǒu rén ma
请问这儿有人吗?

Excuse me, is anyone sitting here?

tián dù
甜度 *sweetness*

tián de chéng dù diǎn nǎi chá guǒ zhī de shí hòu chángcháng yào xuǎn
甜的程度。点奶茶、果汁的时候常常要选。

How sweet it is. You often choose it for milk tea or juice.

zhè bēi nǎi chá de tián dù gānggāng hǎo
这杯奶茶的甜度刚刚好。

This milk tea is just sweet enough.

màn zǒu
慢走 *take care*

kè rén zǒu de shí hòu diàn lǐ de rén chángshuō màn zǒu yì sī shì
客人走的时候，店里的人常说“慢走”，意思是路上小心。

When a guest leaves, staff often say 慢走: take care on your way.

xiè xiè nǐ men lái màn zǒu
谢谢你们来，慢走!

Thanks for coming, take care!

shàng bān qián yì bēi rè ná tiě
上班前，一杯热拿铁 A hot latte before work

zǎo diǎn
早点 *a bit earlier*

zǎo diǎn jiù shì zǎo yì diǎn yě shuō wǎn diǎn kuài diǎn
“早点”就是早一点。也说“晚点”“快点”。

早点 = a bit earlier. Also 晚点 (later), 快点 (faster).

míng tiān zǎo diǎn lái
明天早点来。

Come a bit earlier tomorrow.

jiù gòu le
就够了 *is enough*

“.....就够了”: zhè me duō jiù kě yǐ le bù yòng zài duō
...就够了 = that much is enough, no more needed.

yí gè rén chī yì wǎn mǐ fàn jiù gòu le
一个人吃，一碗米饭就够了。

For one person, one bowl of rice is enough.

hái xū yào bié de ma
还需要别的吗 *anything else?*

diàn yuán cháng wèn de yí jù hái yào bu yào bié de dōng xī
店员常问的一句：还要不要别的东西?

Shop staff often ask this: do you want anything else?

bú yòng le jiù zhè xiē
不用了，就这些。

No thanks, that's all.

dài qù
带去 *take (to a place)*

dài qù dì fāng ná zhe dōng xī qù nàr
“带去 + 地方”: 拿着东西去那儿。

带去 + place = take something there.

wǒ bǎ wǔ fàn dài qù gōng sī chī
我把午饭带去公司吃。

I take my lunch to the office.

yǒu diǎn

有点 *a bit*

yǒu diǎn bú tài hǎo de gǎn jué yǒu diǎn lěng yǒu diǎn lèi yǒu diǎn guì
“有点 + 不太好的感觉”：有点冷、有点累、有点贵。

有点 + a not-so-good feeling: a bit cold, a bit tired, a bit pricey.

zhè jiàn yī fu yǒu diǎn guì

这件衣服有点贵。

This piece of clothing is a bit expensive.

liù shí sì hào

六十四号 *number 64*

sì shí liù hé liù shí sì tīng qǐ lái hěn xiàng zhù yì tīng qián miàn shì jǐ
“四十六”和“六十四”听起来很像，注意听前面是几。

46 and 64 sound alike – listen to the first number.

bāng tóng shì dài sān bēi

帮同事带三杯 Three coffees for coworkers

tóng shì

同事 *coworker*

yì qǐ gōng zuò de rén

一起工作的人。

Someone you work with.

wǒ hé tóng shì yì qǐ chī wǔ fàn

我和同事一起吃午饭。

I have lunch with my coworkers.

ràng

让 *ask (someone to do)*

ràng zuò qǐng qù zuò yí jiàn shì
“A让B做……”：A请B去做一件事。

A让B do... = A asks B to do something.

mā ma ràng wǒ zǎo diǎn huí jiā

妈妈让我早点回家。

Mom told me to come home early.

liǎng bēi

两杯 *two cups*

shù dōng xī yì bēi liǎng bēi bù shuō èr bēi
数东西：一杯、两杯，不说“二杯”。

Counting: 一杯, 两杯 – never 二杯.

wǒ yào liǎng bēi shuǐ

我要两杯水。

Two glasses of water, please.

liù shí sān kuài èr

六十三块二 *63.20 yuan*

shuō qián de shí hòu kuài hòu miàn de shù shì máo liù shí sān kuài èr jiù shì liù shí sān kuài liǎng máo
说钱的时候，“块”后面的数是“毛”：六十三块二就是六十三块两毛。

With money, the number after 块 is tenths: 六十三块二 = ¥63.20.

píng guǒ sān kuài wǔ yī jīn

苹果三块五一斤。

Apples are 3.50 a jin.

qī shí hào

七十号 *number 70*

shí qī hé qī shí tīng qǐ lái hěn xiàng zhù yì tīng qián miàn shì jǐ
“十七”和“七十”听起来很像，注意听前面是几。

17 and 70 sound alike – listen to the first number.

yí gè rén chī zǎo fàn

一个人吃早饭 Breakfast on my own

zǎo fàn

早饭 *breakfast*

zǎo shang chī de fàn zhōng wǔ shì wǔ fàn wǎn shang shì wǎn fàn
早上吃的饭。中午是“午饭”，晚上是“晚饭”。

The morning meal. Lunch is 午饭, dinner is 晚饭.

nǐ zǎo fàn chī le shén me
你早饭吃了什么？

What did you have for breakfast?

shū fu

舒服 *comfortable; nice*

shēn tǐ xīn lǐ gǎn jué hěn hǎo
身体、心里感觉很好。

Feeling good in body or mind.

zhè bǎ yǐ zi zuò zhe hěn shū fu
这把椅子坐着很舒服。

This chair is very comfortable.

huàn

换 *change; swap*

huàn bú yào zhè ge yào lìng yí gè
“换”：不要这个，要另一个。

换 = swap this one for another one.

zhè jiàn tài xiǎo le néng huàn yí jiàn dà de ma
这件太小了，能换一件大的吗？

This one is too small. Can I swap it for a bigger one?

jiǔ shí sān hào

九十三号 *number 93*

sān shí jiǔ hé jiǔ shí sān tīng qǐ lái hěn xiàng zhù yì tīng qián miàn shì jǐ
“三十九”和“九十三”听起来很像，注意听前面是几。

39 and 93 sound alike — listen to the first number.

tiān rè gēn péng you hē nǎi chá

天热，跟朋友喝奶茶 Milk tea with a friend on a hot day

qù bīng

去冰 *no ice*

qù bīng bú fàng bīng kuài dàn hái shì liáng de shǎo bīng bīng
“去冰”：不放冰块，但还是凉的。“少冰”：冰块少一点。

去冰 = no ice cubes, but still cold. 少冰 = less ice.

wǒ de níng méng chá yào shǎo bīng
我的柠檬茶要少冰。

Less ice in my lemon tea, please.

wú táng

无糖 *no sugar*

méi yóu táng
没有糖。

No sugar at all.

wǒ zhǐ hē wú táng de
我只喝无糖的。

I only drink sugar-free.

wǔ shí hào

五十号 *number 50*

shí wǔ hé wǔ shí tīng qǐ lái hěn xiàng zhù yì tīng qián miàn shì jǐ
“十五”和“五十”听起来很像，注意听前面是几。

15 and 50 sound alike — listen to the first number.

dì èr bēi bàn jià

第二杯半价 Second cup half price

yě
也 *also*

yě fàng zài dòng cí qián miàn wǒ yě hē wǒ yě qù
“也”放在动词前面：我也喝、我也去。

也 goes before the verb: 我也喝 = I'll drink it too.

nǐ qù wǒ yě qù
你去，我也去。

If you go, I'll go too.

huá suàn
划算 *a good deal*

huā de qián shǎo dé dào de duō
花的钱少，得到的多。

You pay little and get a lot.

zhè jiàn yī fu dǎ wǔ zhé hěn huá suàn
这件衣服打五折，很划算。

This is 50% off – a really good deal.

sì shí èr hào
四十二号 *number 42*

èr shí sì hé sì shí èr tīng qǐ lái hěn xiāng zhù yì tīng qián miàn
“二十四”和“四十二”听起来很像，注意听前面是几。

24 and 42 sound alike – listen to the first number.

zài kā fēi diàn gōng zuò
在咖啡店工作 *Working at the café*

mì mǎ
密码 *password*

jìn shǒu jī lián wǎo shù rù de shù zì huò zì mǔ
进手机、连 Wi-Fi 要输入的数字或字母。

The numbers or letters you type to get into a phone or onto Wi-Fi.

nǐ de shǒu jī mì mǎ shì duō shǎo
你的手机密码是多少？

What's your phone password?

dì èr bēi bàn jià
第二杯半价 *second cup half price*

dì yī bēi shì yuán jià dì èr bēi zhǐ yào yí bàn de qián
第一杯是原价，第二杯只要一半的钱。

The first cup is full price, the second costs half.

zhè jiā diàn zhōu wǔ dì èr bēi bàn jià
这家店周五第二杯半价。

At this shop the second cup is half price on Fridays.

yí bàn
一半 *half*

fēn chéng liǎng fèn qí zhōng yí fèn
分成两份，其中一份。

One of two equal parts.

zhè ge dàn gāo wǒ men yì rén yí bàn
这个蛋糕我们一人一半。

Let's have half of this cake each.

chā zuò
插座 *socket*

qiáng shàng chā diàn de dì fang
墙上插电的地方。

Where you plug things in on the wall.

zhèr yǒu chā zuò ma
这儿有插座吗？

Is there a socket here?

bā gè bā
八个八 *eight 8s*

bā gè bā jiù shì shuō mì mǎ diàn huà hào mǎ de shí hòu cháng zhè yàng shuō
“八个八”就是 88888888。说密码、电话号码的时候常这样说。

八个八 = 88888888. People say passwords and phone numbers like this.

chōng diàn
充电 *charge (a battery)*

gěi shǒu jī diàn nǎo jiā diàn
给手机、电脑加电。

Put power back into a phone or computer.

wǒ de shǒu jī méi diàn le yào chōng diàn
我的手机没电了，要充电。
My phone is dead, I need to charge it.

sān shí hào
三十号 *number 30*

shí sān hé sān shí tīng qǐ lái hěn xiàng zhù yì tīng qián miàn shì jǐ
“十三”和“三十”听起来很像，注意听前面是几。

13 and 30 sound alike — listen to the first number.

jiàn shēn qián de bīng měi shì
健身前的冰美式 An iced Americano before the gym

děng yí xià
等一下 *in a moment*

guò yí huìr bù jiǔ yǐ hòu
过一会儿，不久以后。

In a little while.

děng yí xià wǒ gěi nǐ dǎ diàn huà
等一下我给你打电话。
I'll call you in a bit.

liàn
练 *work out; practise*

liàn duō zuò duō yùn dòng jiàn shēn fáng lǐ shuō liàn tuǐ liàn tún
“练”：多做、多运动。健身房里说“练腿”“练臀”。

练 = practise, train. At the gym: 练腿 legs day, 练臀 glutes day.

wǒ měi tiān liàn bàn gè xiǎo shí
我每天练半个小时。
I work out for half an hour every day.

jiā yóu
加油 *go for it!*

gěi bié rén dǎ qì nǚ lì nǐ kě yǐ de
给别人打气：努力！你可以的！

Cheering someone on: go for it, you can do it!

míng tiān kǎo shì jiā yóu
明天考试，加油！
Exam tomorrow — good luck!

bā shí wǔ hào
八十五号 *number 85*

wǔ shí bā hé bā shí wǔ tīng qǐ lái hěn xiàng zhù yì tīng qián miàn shì jǐ
“五十八”和“八十五”听起来很像，注意听前面是几。

58 and 85 sound alike — listen to the first number.



chāo shì bāng shì yǒu mǎi dōng xī

超市：帮室友买东西

03 Supermarket: shopping for your roommate

sān jīn píng guǒ

三斤苹果 *three jin of apples*

shù zì liàng cí dōng xī sān jīn píng guǒ liǎng píng niú
“数字 + 量词 + 东西”：三斤苹果、两瓶牛
nǎi jīn shì zhòng liàng yī jīn shì wǔ bǎi kè
奶。“斤”是重量，一斤是五百克。

number + measure word + thing. 斤 is a weight: 1 斤 = 500 g.

wǒ yào yī jīn píng guǒ

我要一斤苹果。

I'd like one jin of apples.

liǎng píng niú nǎi

两瓶牛奶 *two bottles of milk*

píng píng zi zhuāng de dōng xī yī píng shuǐ liǎng píng niú nǎi
“瓶”：瓶子装的东西：一瓶水、两瓶牛奶。
bottle = bottle: 一瓶水, 两瓶牛奶。

tā mǎi le liǎng píng niú nǎi

他买了两瓶牛奶。

He bought two bottles of milk.

yī hé jī dàn

一盒鸡蛋 *a box of eggs*

hé hé zi zhuāng de dōng xī yī hé jī dàn yī hé bǐng gān
“盒”：盒子装的东西：一盒鸡蛋、一盒饼干。
box = box: 一盒鸡蛋, 一盒饼干。

wǒ zǎo shàng chī le yī hé suān nǎi

我早上吃了一盒酸奶。

I had a pot of yogurt this morning.

yī dài mǐ

一袋米 *a bag of rice*

dài dài zi zhuāng de dōng xī yī dài mǐ yī dài miàn bāo
“袋”：袋子装的东西：一袋米、一袋面包。
bag = bag: 一袋米, 一袋面包。

mā ma ràng wǒ mǎi yī dài mǐ hé yī píng jiàng yóu

妈妈让我买一袋米和一瓶酱油。

Mum asked me to buy a bag of rice and a bottle of soy sauce.

gòu wù chē

购物车 *shopping cart*

chāo shì lǐ tuī de chē xiǎo yí diǎn nǎ zài shǒu shàng de shì gòu wù lán
超市里推的车。小一点、拿在手上的是“购物篮”。

The cart you push. The small one you carry is 购物篮.

xiǎo hái zǐ néng zuò zài gòu wù chē lǐ ma

小孩子能坐在购物车里吗？

Can kids sit in the shopping cart?

wǔ kuài qián yì jīn

五块钱一斤 *five kuai a jin*

jià qián yī liàng cí wǔ kuài qián yì jīn sān kuài yì
“价钱 + 一 + 量词”：五块钱一斤、三块一瓶。

price + 一 + measure word: 五块钱一斤 = 5 kuai per jin.

àn jīn mài

按斤卖 *sold by the jin*

àn liàng cí mài àn jīn mài àn gè mài
“按 + 量词 + 卖”：按斤卖、按个卖。

按 + measure word + 卖 = sold by...

jī dàn shì àn gè mài hái shì àn jīn mài
鸡蛋是按个卖还是按斤卖？

Are eggs sold by the piece or by the jin?

hái yào bié de ma

还要别的吗 *anything else?*

diàn yuán cháng wèn hái yào bié de ma huí dá hái yào / jiù zhè xiē
店员常问：还要别的吗？回答：还要...../就这些。

Shop assistants ask this. Answer: 还要... or 就这些.

zěn me mài

怎么卖 *how much is it*

wèn jià qián zěn me mài bǐ duō shǎo qián gèng cháng shuō zài cài shì chǎng chāo shì
问价钱：“.....怎么卖？”比“多少钱”更常说在菜市场、超市。

Asking a price: ...怎么卖？ (at markets and supermarkets).

xī guā zěn me mài

西瓜怎么卖？

How much is the watermelon?

dǎ zhé

打折 *on sale*

dǎ zhé bǐ yuán lái pián yi dǎ bā zhé dǎ jiǔ zhé
“打折”：比原来便宜。打八折、打九折。

打折 = on sale, cheaper than usual.

chāo shì de dōng xī yì bān shén me shí hou dǎ zhé

超市的东西一般什么时候打折？

When do supermarkets usually have sales?

yí gòng

一共 *in total*

yí gòng quán bù jiā qǐ lái
“一共”：全部加起来。

一共 = altogether, in total.

yí gòng duō shǎo qián

一共多少钱？

How much is it altogether?

shuǐ guǒ qū

水果区 *fruit section*

qū chāo shì lǐ de yí kuài dì fang shuǐ guǒ qū shù cài qū
“区”：超市里的一块地方：水果区、蔬菜区、零食区。

区 = a section: 水果区, 蔬菜区.

líng shí qū zài èr lóu

零食区在二楼。

The snacks section is upstairs.

guò qī

过期 *expire; past its date*

“过期”：过了保质期，不能吃了。

过期 = past its date.

zhè píng niú nǎi guò qī le bié hē
这瓶牛奶过期了，别喝！

This milk has expired — don't drink it!

bǎo zhì qī

保质期 *shelf life; best-before*

chī de dōng xī néng fàng duō jiǔ mǎi niú nǎi miàn bāo yào kàn bǎo zhì qī
吃的东西能放多久。买牛奶、面包要看保质期。

How long food keeps. Check it on milk and bread.

nǐ mǎi niú nǎi shí huì kàn bǎo zhì qī ma
你买牛奶时会看保质期吗？

Do you check the date when you buy milk?

cù xiāo

促销 *special offer*

cù xiāo shāng diàn wèi le duō mài dǎ zhé sòng dōng xī
“促销”：商店为了多卖，打折、送东西。

促销 = a promotion: discounts, free extras.

chāo shì de cù xiāo huó dòng yǒu nǎ xiē
超市的促销活动有哪些？

What special offers does the supermarket have?

mǎi yì hé sòng wǔ gè

买一盒送五个

buy one box, get five free

mǎi sòng mǎi le zhè ge zài gěi nǐ nà ge bù yào qián
“买……送……”：买了这个，再给你那个，不要钱。

买…送… = buy this, get that free.

mǎi yì sòng yì
买一送一！

Buy one, get one free!

miàn fěn

面粉 *flour*

zuò miàn tiáo bāo zi miàn bāo de bái sè de fěn
做面条、包子、面包的白色的粉。

Flour, for noodles, buns and bread.

bāo jiǎo zi yào yòng miàn fěn
包饺子要用面粉。

You need flour to make dumplings.

jiù zhè xiē

就这些 *that's all*

jiù zhè xiē dōng xī dōu mǎi hǎo le bú yào bié de le
“就这些”：东西都买好了，不要别的了。

就这些 = that's all.

jiù zhè xiē xiè xie
就这些，谢谢。

That's all, thanks.

jié zhàng

结账 *pay; check out*

jié zhàng mǎi wán dōng xī gěi qián chāo shì fàn diàn dōu shuō
“结账”：买完东西给钱。超市、饭店都说。

结账 = pay the bill / check out.

fú wù yuán jié zhàng
服务员，结账！

Waiter, the bill please!

shōu yín tái

收银台 *checkout*

fù qián de dì fang yǒu rén gōng shōu yín tái yě yǒu zì zhù jié zhàng
付钱的地方。有“人工收银台”，也有“自助结账”。

Where you pay. Staffed checkouts or self-checkout.

nǐ xǐ huān rén gōng shōu yín tái hái shì zì zhù jié zhàng
你喜欢人工收银台还是自助结账？

Do you prefer a staffed checkout or self-checkout?

shǒu jī zhī fù

手机支付 *pay by phone*

zài zhōng guó cháng yòng wēi xìn zhī fù bǎo sǎo mǎ fù qián
在中国常用微信、支付宝扫码付款。

In China people pay with WeChat or Alipay on their phone.

nǐ mǎi dōng xī shí huì yòng shǒu jī sǎo mǎ zhī fù ma
你买东西时会用手机扫码支付吗？

Do you pay by scanning with your phone?

xū yào bāng máng ma

需要帮忙吗 *need any help?*

diàn yuán lù rén cháng wèn de yí jù bú yòng bú yòng le xiè
店员、路人常问的一句。不用：“不用了，谢谢。”

A common offer of help. Reply: 不用了，谢谢。

cháng yì cháng

尝一尝 *have a taste*

dòng cí yī dòng cí shì yí xià cháng yì cháng kàn yì
“动词 + 一 + 动词”：试一下：尝一尝、看一看、听一听。

verb + 一 + verb = have a go: 尝一尝, 看一看.

nǐ cháng yì cháng hěn hǎo chī
你尝一尝，很好吃！

Have a taste, it's delicious!

zì jǐ dài le

自己带了 *brought my own*

zì jǐ dài bú yòng diàn lǐ de yòng zì jǐ de zì jǐ dài bēi
“自己带”：不用店里的，用自己的：自己带杯子、自己带袋子。

自己带 = bring your own.

wǒ qù chāo shì dōu zì jǐ dài gòu wù dai
我去超市都自己带购物袋。

I always bring my own bag to the supermarket.

pái duì

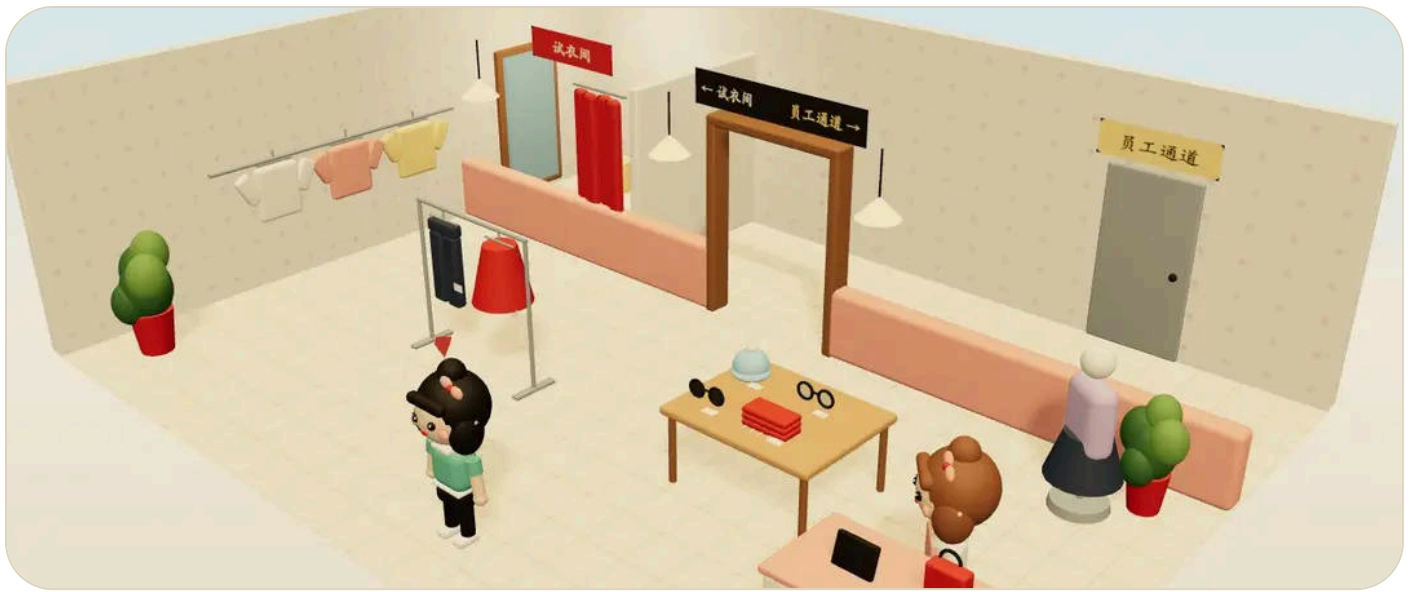
排队 *queue up*

pái duì yí gè rén yí gè rén zhàn hǎo děng
“排队”：一个人一个人站好，等。

排队 = stand in line.

nǐ pái duì shí huì wán shǒu jī ma
你排队时会玩手机吗？

Do you play on your phone while queueing?



04 服装店：买衣服

Clothes shop: buying clothes

shì chuān
试穿 *try on*

chuānshàng kàn kàn hé bu hé shì
穿上看看合不合适。

Put it on to see if it fits.

zhè tiáo qún zi kě yǐ shì chuān ma
这条裙子可以试穿吗？

Can I try on this skirt?

hào
号 *size*

yī fu de dà xiǎo hào hào hào
衣服的大小：S号、M号、L号。

Clothing size: S, M, L.

wǒ chuān hào
我穿M号。

I wear a medium.

yǒu méi yǒu
有没有 *is there / do you have*

wèn yǒu méi yǒu yǒu méi yǒu dōng xī hòu miàn bú yòng ma
问有没有：“有没有 + 东西？”后面不用“吗”。

To ask if there is: 有没有 + thing? No 吗 at the end.

yǒu méi yǒu dà yì diǎn de
有没有大一点的？

Do you have a bigger one?

zhè tiáo
这条 *this (one)*

kù zi qún zi yòng tiáo zhè tiáo kù zi zhè tiáo qún zi
裤子、裙子用“条”：这条裤子、这条裙子。

Trousers and skirts take 条.

zhè tiáo kù zi yǒu diǎnr cháng
这条裤子有点儿长。

These trousers are a bit long.

zhǐ yǒu

只有 *only (have)*

“只有 + 东西”: 就这些, 没有别的。

只有 + thing = there's only this, nothing else.

wǒ zhǐ yǒu shí kuài qián

我只有十块钱。

I only have ten yuan.

shì yī jiān

试衣间 *fitting room*

diàn lǐ huàn yī fu shì yī fu de xiǎo fáng jiān

店里换衣服、试衣服的小房间。

The little room in a shop for trying clothes on.

shì yī jiān lǐ yǒu jìng zi

试衣间里有镜子。

There's a mirror in the fitting room.

zuǒ guǎi

左拐 *turn left*

wǎng zuǒ biān zǒu wǎng yòu biān zǒu shì yòu guǎi

往左边走。往右边走是“右拐”。

Turn left. Turning right is 右拐.

qián miàn lù kǒu zuǒ guǎi

前面路口左拐。

Turn left at the next crossing.

zhè fù

这副 *this (glasses)*

yǎn jìng yòng fù yí fù yǎn jìng liǎng piàn shì yí fù

眼镜用“副”: 一副眼镜 (两片是一副)。

Glasses take 副 (a pair): 一副眼镜.

wǒ xiǎng mǎi yí fù yǎn jìng

我想买一副眼镜。

I'd like to buy a glasses.

jìng zi

镜子 *mirror*

zhào zì jǐ de dōng xī

照自己的东西。

What you look at yourself in.

chū mén qián zhào yí xià jìng zi

出门前照一下镜子。

Check the mirror before you go out.

shì yí xià

试一下 *try (it) on / have a try*

dòng cí + “yí xià”: zuò yí cì shí jiān bù cháng shuō qǐ lái kè qì

动词 + “一下”: 做一次、时间不长, 说起来客气。

Verb + 一下 = do it once, briefly – sounds polite.

wǒ kě yǐ shì yí xià ma

我可以试一下吗?

Can I try it?

zhí zǒu

直走 *go straight*

yí zhí wǎng qián zǒu bù guǎi wān

一直往前走, 不拐弯。

Keep walking forward, don't turn.

zhí zǒu wǔ fēn zhōng jiù dào le

直走五分钟就到了。

Go straight for five minutes and you're there.

zhè dǐng

这顶 *this (hat)*

mào zi yòng dǐng yí dǐng mào zi

帽子用“顶”: 一顶帽子。

Hats take 顶: 一顶帽子.

wǒ xiǎng mǎi yí dǐng mào zi

我想买一顶帽子。

I'd like to buy a hat.

jié zhàng

结账 *pay the bill; check out*

mǎi dōng xī chī fàn yǐ hòu fù qián

买东西、吃饭以后付钱。

Pay after shopping or a meal.

fú wù yuán jié zhàng

服务员, 结账!

Waiter, the bill please!

yuángōngtōng dào

员工通道 *staff passage*

zhǐ yǒu diàn lǐ gōng zuò de rén néng zǒu de lù

只有店里工作的人能走的路。

A way only the shop's staff may use.

yuángōngtōng dào gù kè bù néng jìn

员工通道, 顾客不能进。

Staff passage – no customers.

zhào jing zi

照镜子 *look in the mirror*

zài jing zi lǐ kàn zì jǐ
在镜子里看自己。

Look at yourself in a mirror.

tā měi tiān chū mén qián dōu zhào jing zi
她每天出门前都照镜子。

She checks the mirror every day before going out.

tǐng hǎo kàn de

挺好看的 *quite nice-looking*

tǐng xíng róng cí de hěn kǒu yǔ cháng shuō
“挺 + 形容词 + 的”：很……，口语常说。

挺 + adjective + 的 = quite..., very common in speech.

zhè jiā diàn tǐng pián yi de
这家店挺便宜的。

This shop is quite cheap.

yǒu diǎnr

有点儿 *a bit (too)*

yǒu diǎnr xíng róng cí bú tài mǎn yì de shí hòu shuō ér
“有点儿 + 形容词”：不太满意的时候说。“儿”
gēn qián miàn de diǎn lián zhe dú
跟前面的“点”连着读。

有点儿 + adjective, when you're not happy with it.

Read 儿 joined to 点.

jīn tiān yǒu diǎnr lěng
今天有点儿冷。

It's a bit cold today.

bú tài

不太 *not very*

bú tài xíng róng cí bǐ bù kè qì yì diǎn
“不太 + 形容词”：比“不”客气一点。

不太 + adjective – softer than plain 不.

zhè ge cài bú tài là
这个菜不太辣。

This dish isn't very spicy.

màn màn kàn

慢慢看 *take your time looking*

màn màn dòng cí bù zhāo jí màn yì diǎn zuò
“慢慢 + 动词”：不着急，慢一点做。

慢慢 + verb = take your time doing it.

màn màn chī bié zhāo jí
慢慢吃，别着急。

Eat slowly, no rush.

huān yíng xià cì guāng lín

欢迎下次光临 *please come again*

diàn yuán sòng kè rén zǒu de shí hòu cháng shuō
店员送客人走的时候常说。

What shop staff say as you leave.

xiè xiè huān yíng xià cì guāng lín
谢谢，欢迎下次光临！

Thank you, please come again!

bú gòu

不够 *not enough*

qián bù gòu shí jiān bù gòu bǐ yào de shǎo
“钱不够”“时间不够”：比要的少。

钱不够，时间不够 – less than you need.

wǒ de qián bù gòu mǎi zhè jiàn
我的钱不够买这件。

I don't have enough to buy this one.



chǒng wù diàn gěi mī mī hé diū diū mǎi dōng xī

宠物店：给咪咪和丢丢买东西

05

Pet shop: treats for Mimi and Diudiu

kě ài

可爱 *cute*

xiǎo māo xiǎo gǒu xiǎo hái zi ràng rén xǐ huān de yàng zi
小猫、小狗、小孩子，让人喜欢的样子。

Sweet and lovable — like kittens, puppies, little kids.

zhè zhī xiǎo gǒu zhēn kě ài
这只小狗真可爱！

This puppy is so cute!

suí biàn kàn kan

随便看看 *have a look around*

diàn yuán cháng shuō bú yòng zhe jí mǎi xiān kàn kan
店员常说：不用着急买，先看看。

Shop staff say this: no rush, just look.

nín suí biàn kàn kan xǐ huān kě yǐ shì shì
您随便看看，喜欢可以试试。

Take a look — try anything you like.

jiào shén me míng zi

叫什么名字 *what is (it) called*

wèn míng zi nǐ jiào shén me míng zi tā jiào shén me míng zi
问名字：“你叫什么名字？”“它叫什么名字？”

Asking a name: 你叫什么名字？它叫什么名字？

nǐ de māo jiào shén me míng zi
你的猫叫什么名字？

What's your cat's name?

líng shí

零食 *snacks*

zhèng cān yǐ wài chī de xiǎo dōng xī bǐng gān xiǎo yú gān
正餐以外吃的小东西：饼干、小鱼干……

Little things to eat between meals.

wǒ wǎn shàng xǐ huān chī líng shí
我晚上喜欢吃零食。

I like snacking in the evening.

gěi mī mī mǎi

给咪咪买 *buy for 咪咪*

“给 + 谁 + 动词”：给谁做，“给谁”放在动词前面。

给 + someone + verb: doing it for someone. 给 + someone comes BEFORE the verb.

wǒ xiǎng gěi mā ma mǎi yí jiàn yī fu

我想给妈妈买一件衣服。

I want to buy my mum some clothes.

dài shàng

戴上 *put on (an accessory)*

mào zi yǎn jìng hú dié jié yòng dài dài shàng
帽子、眼镜、蝴蝶结用“戴”：戴上。

Hats, glasses, bows take 戴: 戴上.

tiān lěng le dài shàng mào zi ba

天冷了，戴上帽子吧。

It's cold — put your hat on.

xià yǔ

下雨 *rain*

tiān shàng diào shuǐ xià lái
天上掉水下来。

Water falling from the sky.

míng tiān huì xià yǔ dài sǎn ba

明天会下雨，带伞吧。

It'll rain tomorrow — take an umbrella.

yào bu yào

要不要 *do you want (to)*

yào bu yào dòng cí wèn bié rén xiǎng bu xiǎng zuò
“要不要 + 动词？”问别人想不想做。

要不要 + verb? — asking if someone wants to.

yào bu yào yì qǐ qù chī fàn

要不要一起去吃饭？

Do you want to go eat together?

zhèng hǎo

正好 *just right*

bù dà yě bù xiǎo gānggāng hǎo
不大也不小，刚刚好。

Not too big, not too small — just right.

zhè shuāng xié wǒ chuānzhèng hǎo

这双鞋我穿正好。

These shoes fit me just right.

gěi diū diū mǎi

给丢丢买 *buy for 丢丢*

“给 + 谁 + 动词”：给谁做，“给谁”放在动词前面。

给 + someone + verb: doing it for someone. 给 + someone comes BEFORE the verb.

wǒ xiǎng gěi mā ma mǎi yí jiàn yī fu

我想给妈妈买一件衣服。

I want to buy my mum some clothes.

shuài

帅 *handsome; cool*

nán shēng xiǎo gǒu kàn qǐ lái hěn hǎo kàn
男生、小狗看起来很好看。

Good-looking (for boys, or a cool dog).

nǐ jīn tiān zhēn shuài

你今天真帅！

You look so cool today!

xiǎo yú gān

小鱼干 *dried little fish*

shài gān de xiǎo yú māo zuì xǐ huān
晒干的小鱼，猫最喜欢。

Small dried fish — cats love them.

mī mī měi tiān yào chī xiǎo yú gān

咪咪每天要吃小鱼干。

Mimi wants dried fish every day.

gǔ tou
骨头 *bone*

gǒu xǐ huān yǎo de dōng xi
狗喜欢咬的东西。

What dogs love to chew.

diū diū bǎ gǔ tou cáng qǐ lái le
丢丢把骨头藏起来了。
Diudiu hid his bone.

chángchang
尝尝 *have a taste*

dòng cí chóng dié chángchang kàn kàn shì shì shuō qǐ lái qīng sōng
动词重叠：尝尝、看看、试试，说起来轻松。

Doubled verbs (尝尝, 看看, 试试) sound light and casual.

nǐ chángchang zhè ge cài
你尝尝这个菜。
Have a taste of this dish.

yí gòng
一共 *altogether*

quán bù jiā qǐ lái
全部加起来。

Everything added up.

yí gòng sān ge rén
一共三个人。
Three people altogether.

tiāo
挑 *pick; choose*

cóng hěn duō lǐ miàn zhǎo yí gè
从很多里面找一个。

Choose one from many.

nǐ bāng wǒ tiāo yí jiàn ba
你帮我挑一件吧。
Help me pick one.

yí dìng
一定 *surely; must*

hěn kěn dìng
很肯定。

Very sure.

nǐ yí dìng huì xǐ huān zhè lǐ
你一定会喜欢这里。
You'll definitely like it here.

shuō fǎn le
说反了 *said it the wrong way round*

dòng cí fǎn le shùn xù huò fāng xiàng nòng cuò le
“动词 + 反了”：顺序或方向弄错了。

Verb + 反了 = got it the wrong way round.

nǐ yī fu chuān fǎn le
你衣服穿反了！
Your top's on inside out!

chī de zhēn kāi xīn
吃得真开心 *eating so happily*

dòng cí dé zěn me yàng shuō zuò de zěn me yàng
“动词 + 得 + 怎么样”：说做得怎么样。

Verb + 得 + how: says how something is done.

hái zǐ men wán de hěn kāi xīn
孩子们玩得很开心。
The kids are having a great time.

xià cì
下次 *next time*

yǐ hòu de nà yí cì
以后的那一次。

The next time.

xià cì jiàn
下次见！
See you next time!

yú gāng
鱼缸 *fish tank*

yǎng yú de bō li gāng
养鱼的玻璃缸。

A glass tank for keeping fish.

wǒ jiā yǒu yí gè yú gāng
我家有一个鱼缸。
We have a fish tank at home.

nuǎn huo
暖和 *warm*

bù lěng hěn shū fu
不冷，很舒服。

Nice and warm, not cold.

jīn tiān hěn nuǎn huo
今天很暖和。
It's warm today.

tīng de jiàn

听得见 *can hear*

dòng cí dé jiàn néng tīng dào néng kàn dào tīng bú jiàn tīng
“动词 + 得见”：能听到、能看到。听不见 = 听不到。

Verb + 得见 = can hear / can see. 听不见 = can't hear.

nǐ tīng de jiàn wǒ shuō huà ma

你听得见我说话吗？

Can you hear me?

kù

酷 *cool*

hěn shuài hěn yǒu gè xìng kǒu yǔ
很帅、很有个性。口语。

Cool, stylish. Casual word.

nǐ de xīn xié zhēn kù

你的新鞋真酷！

Your new shoes are so cool!

ruǎn

软 *soft*

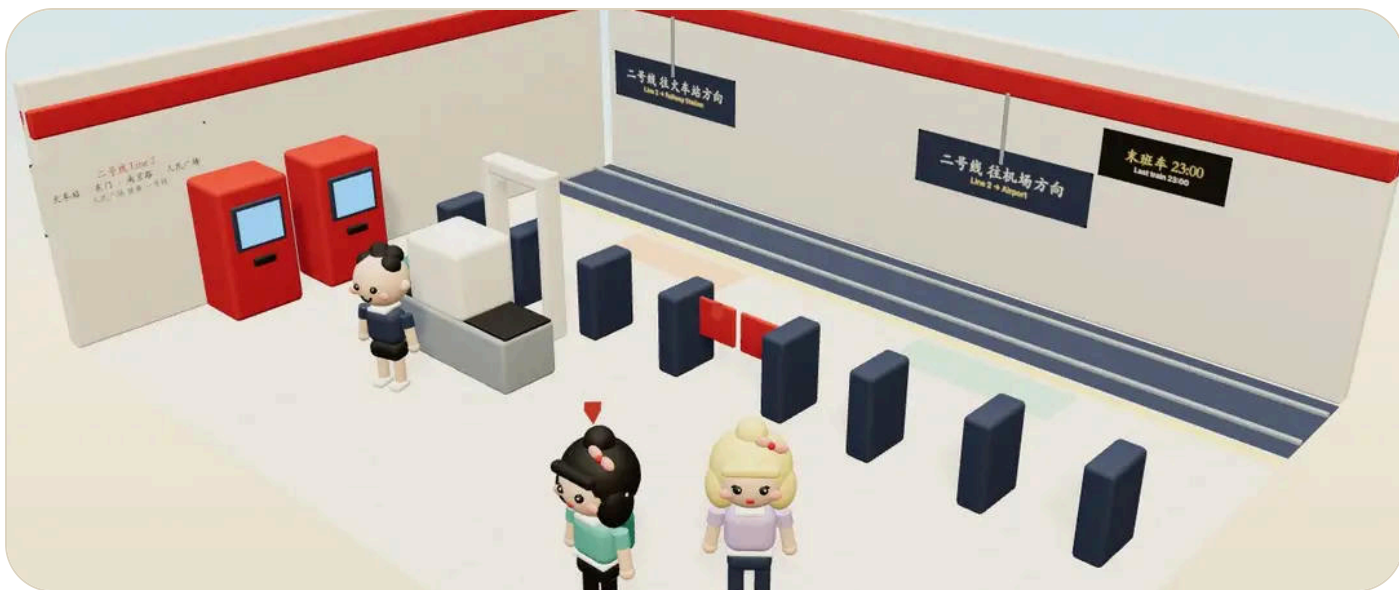
mō qǐ lái bù yìng
摸起来不硬。

Soft to the touch.

zhè ge zhěn tóu hěn ruǎn

这个枕头很软。

This pillow is soft.



地铁站：坐地铁

06

Metro: taking the metro

qù jī chǎng
去机场 To the airport

zuò dì tiě
坐地铁 *take the metro*

zuò chē zuò dì tiě zuò gōng jiāo zuò fēi jī dǎ chē
“坐 + 车”：坐地铁、坐公交、坐飞机；“打车”
是叫出租车。

坐 + vehicle: 坐地铁, 坐公交. 打车 = take a taxi.

nǐ jīng cháng zuò dì tiě ma
你经常坐地铁吗?

Do you often take the metro?

gāo fēng qī
高峰期 *rush hour*

shàng bān xià bān de shí hou rén zuì duō chē zuì duō zǎo gāo
上班、下班的时候，人最多、车最多。早高
峰、晚高峰。

Rush hour: 早高峰 morning, 晚高峰 evening.

gāo fēng qī nǐ huì zuò dì tiě ma
高峰期你会坐地铁吗?

Do you take the metro at rush hour?

yòu kuài yòu pián yì
又快又便宜 *both fast and cheap*

yòu xíng róng cí yòu xíng róng cí liǎng gè dōu shì yòu
“又 + 形容词 + 又 + 形容词”：两个都是。又
快又便宜、又挤又热。

又 A 又 B = both A and B.

zhè ge gāo tiě zhàn yòu dà yòu gān jìng
这个高铁站又大又干净。

This high-speed rail station is big and clean.

jiāo tōng kǎ
交通卡 *transit card*

zuò dì tiě gōng jiāo yòng de kǎ yě kě yǐ yòng shǒu jī
坐地铁、公交用的卡。也可以用手机。

The card for the metro and buses. Phones work too.

jiāo tōng kǎ zài nǎr chōng zhí
交通卡在哪儿充值?

Where can I top up my transit card?

dān chéng piào

单程票 *single ticket*

zhǐ qù bù huí de piào lái huí de shì wǎng fǎn piào

只去不回的票。来回的是“往返票”。

A one-way ticket. A return ticket is 往返票.

mǎi fēi jī piào shí nǐ yì bān mǎi dān chéng piào hái shì wǎng fǎn piào

买飞机票时你一般买单程票还是往返票？

When you buy plane tickets, one-way or return?

jiù xíng

就行 *that's enough*

“.....就行”：这样就可以了，不用更多。

...就行 = that's enough, that'll do.

nǐ dǎ diàn huà gěi wǒ jiù xíng

你打电话给我就行。

Just give me a call, that's enough.

zì dòng shòu piào jī

自动售票机 *ticket machine*

zì jǐ zài jī qì shàng mǎi piào de dì fang

自己在机器上买票的地方。

A machine where you buy tickets yourself.

guò ān jiǎn

过安检 *go through security*

“安检”：检查包和人。过安检、安检口。

安检 = security check. 过安检 = go through it.

nǐ jué de ān jiǎn má fan ma

你觉得安检麻烦吗？

Do you find security checks annoying?

fàng shàng qu

放上去 *put it up there*

“动词 + 上去”：往上、往那儿放：放上去、走上去。

verb + 上去 = up / onto: 放上去, 走上去.

bǎ xiāng zì fàng shàng qu ba

把箱子放上去吧。

Put the suitcase up there.

yě yào ān jiǎn

也要安检 *need security too*

“也”：别的地方要安检，坐地铁也要。说的時候有一点吃惊：坐地铁也要安检啊？

也 = too. Said with a bit of surprise: even the metro needs security?

měi gè dì tiě zhàn dōu yào

每个地铁站都要 *every ... (all)*

“每个 + 名词 + 都”：每个人都、每个地铁站都。

每个 + noun + 都 = every ... without exception.

měi gè xué shēng dōu yǒu yì běn shū

每个学生都有一本书。

Every student has a book.

jìn zhàn

进站 *enter the station*

“进站”进地铁站、火车站；“出站”出来。

进站 = go into the station; 出站 = come out.

jìn zhàn yǐ hòu yào pái duì shàng chē

进站以后要排队上车。

After you go in, queue to board.

èr hào xiàn

二号线 *Line 2*

“几号线”：地铁的线：一号线、二号线。

几号线 = which line: 一号线, 二号线.

lǐ nǐ jiā zuì jìn de dì tiě shì jǐ hào xiàn

离你家最近的地铁是几号线？

Which line is nearest your home?

wǎng jī chǎng fāng xiàng

往机场方向 *towards the airport*

“往 + 地方 + 方向”：车往哪边开。

往 + place + 方向 = in the direction of ...

zhè shì qù huǒ chē zhàn de fāng xiàng ma

这是去火车站的方向吗？

Is this the way to the railway station?

zuò fǎn le

坐反了 *took it the wrong way*

dòng cí + fǎn: zuò fǎn le zuò fǎn le chuān fǎn le
“动词 + 反”: 做反了: 坐反了、穿反了。

verb + 反 = done the wrong way round: 坐反了, 穿反了.

wǒ jīn tiān yī fu chuān fǎn le.
我今天衣服穿反了。

I put my top on inside out today.

hǎo jǐ a

好挤啊 *so crowded*

hǎo + xíng róng cí + 啊: hěn.....: hǎo jǐ a hǎo rè
“好 + 形容词 + 啊”: 很.....: 好挤啊、好热啊。
“挤”是人太多。

好 + adjective + 啊 = so ...! 挤 = crowded.

gāo fēng qī de dì tiě hǎo jǐ a!
高峰期的地铁好挤啊!

The rush-hour metro is so crowded!

cái shì

才是 *is (only) then*

xià yí zhàn cái shì bú shì zhè yí zhàn shì xià yí zhàn
“下一站才是”: 不是这一站, 是下一站。

才是 = it's that one, not this one.

mò bān chē

末班车 *last train*

zuì hòu yí bān chē mò bān chē zǒu le jiù zhǐ néng dǎ chē le
最后一班车。末班车走了, 就只能打车了。

The last train of the day.

nǐ zuò guo mò bān chē ma
你坐过末班车吗?

Have you ever taken the last train?

qù shì zhōng xīn

去市中心 Into the city centre

xià yí zhàn

下一站 *next stop*

dì tiě gōng jiāo shàng cháng tīng dào xià yí zhàn shì nǎr
地铁、公交上常听到: 下一站是哪儿。

What you hear on trains: the next stop.

xià yí zhàn shì rén mín guǎng chǎng ma
下一站是人民广场吗?

Is the next stop People's Square?

huàn chéng

换乘 *change (lines)*

huàn chéng cóng yí tiáo xiàn huàn dào líng yí tiáo xiàn
“换乘”: 从一条线换到另一条线。

换乘 = change lines.

qǐng wèn zài nǎr huàn chéng sān hào xiàn
请问在哪儿换乘三号线?

Excuse me, where do I change to Line 3?

gēn zhe pái zi zǒu

跟着牌子走 *follow the signs*

gēn zhe rén dōng xī zǒu zhào zhe tā zǒu
“跟着 + 人/东西 + 走”: 照着它走。

跟着 ... 走 = follow ...

gēn zhe wǒ zǒu bié zǒu diū le
跟着我走, 别走丢了。

Follow me — don't get lost.

guàng jiē

逛街 *go shopping; stroll the shops*

zài jiē shàng zǒu zǒu kàn kàn mǎi dōng xī
在街上走走、看看、买东西。

Walk around the shops, look and buy.

wǒ zhōu mò cháng cháng gēn péng you qù guàng jiē
我周末常常跟朋友去逛街。

I often go shopping with friends at the weekend.

shì zhōng xīn

市中心 *city centre*

chéng shì zuì zhōng jiān zuì rè nao de dì fāng
城市最中间、最热闹的地方。

The middle of the city, the busiest part.

wǒ zhù zài shì zhōng xīn qù nǎr dōu hěn fāng biàn
我住在市中心，去哪儿都很方便。

I live in the city centre — it's easy to get anywhere.

rè nao

热闹 *lively; bustling*

rén duō shēng yīn duō hěn yǒu yì si
人多、声音多，很有意思。

Lots of people and noise, in a fun way.

wǎn shàng de yè shì hěn rè nao
晚上的夜市很热闹。

The night market is very lively.

huí jiā

回家 *Going home*

hǎo lèi

好累 *so tired*

hǎo xíng róng cí hěn kǒu yǔ cháng shuō
「好 + 形容词」：很……，口语常说。

好 + adjective = very ..., common when talking.

jīn tiān hǎo rè a
今天好热啊！

It's so hot today!

zuò yí zhàn

坐一站 *ride one stop*

zuò jǐ zhàn zuò yí zhàn zuò sān zhàn
「坐 + 几站」：坐一站、坐三站。

坐 + number of stops: 坐一站, 坐三站.

zuò liǎng zhàn jiù dào le

坐两站就到了。

It's just two stops.

chē mén

车门 *train door*

chē shàng kāi guān de mén
车上开、关的门。

The doors of a bus or train.

chē mén yào guān le kuài shàng chē
车门要关了，快上车！

The doors are closing — get on!

zuò wèi

座位 *seat*

kě yǐ zuò de dì fāng
可以坐的地方。

A place to sit.

chē shàng méi yǒu zuò wèi le wǒ zhàn zhe ba
车上没有座位了，我站着吧。

There are no seats left — I'll stand.

yí huìr
一会儿 *a little while*

hěn duǎn de shí jiān ér gēn qián miàn de huì lián zhe dú
很短的时间。「儿」跟前面的「会」连着读。

A short time. Read 儿 joined to 会.

tā yí huìr jiù lái
他一会儿就来。

He'll be here in a moment.

zhōng diǎn zhàn
终点站 *last stop; terminus*

zhè tiáo xiàn zuì hòu yí zhàn chē bù wǎng qián kāi le
这条线最后一站，车不往前开了。

The last stop on the line; the train goes no further.

zhōng diǎn zhàn dào le qǐng dà jiā xià chē
终点站到了，请大家下车。

This is the last stop – everyone off, please.

suí shēn wù pǐn
随身物品 *belongings*

dài zài shēn shàng de dōng xī bāo shǒu jī yào shi
带在身上的东西：包、手机、钥匙。

Things you carry: bag, phone, keys.

xià chē bié wàng le suí shēn wù pǐn
下车别忘了随身物品。

Don't forget your things when you get off.



jiǔ bā zhōu wǔ wǎn shàng
酒吧：周五晚上

07

Bar: Friday night

lóng shé lán

龙舌兰 *tequila*

yī zhǒng hěn liè de jiǔ mò xī gē de
一种很烈的酒，墨西哥的。

A strong spirit from Mexico.

cè suǒ

厕所 *toilet*

cè suǒ jiù shì xǐ shǒu jiān shuō xǐ shǒu jiān gèng kè qì yì diǎn
“厕所”就是洗手间。说“洗手间”更客气一点。

厕所 = toilet. 洗手间 sounds a little more polite.

qǐng wèn cè suǒ zài nǎ lǐ

请问厕所在哪里？

Excuse me, where's the toilet?

hē duō le

喝多了 *drank too much*

hē duō le jiǔ hē de tài duō le
“喝多了”：酒喝得太多了。

喝多了 = had too much to drink.

tā zuó tiān wǎn shàng hē duō le

他昨天晚上喝多了。

He drank too much last night.

wú jiǔ jīng

无酒精 *alcohol-free*

méi yǒu jiǔ jīng de yǐn liào hē le bù huì zuì
没有酒精的饮料，喝了不会醉。

A drink with no alcohol – it won't get you drunk.

nǐ xǐ huān hē wú jiǔ jīng de yǐn liào ma

你喜欢喝无酒精的饮料吗？

Do you like alcohol-free drinks?

hē bù liǎo
喝不了 *can't drink*

dòng cí + bù liǎo: zuò bù dào, bù néng zuò, hē bù liǎo, qù bù liǎo, chī bù liǎo, là
“动词 + 不了”: 做不到、不能做。喝不了、去不了、吃不了辣。

verb + 不了 = can't (do it): 喝不了, 去不了, 吃不了辣.

wǒ míng tiān yǒu shì, kě néng qù bù liǎo.
我明天有事, 可能去不了。
I'm busy tomorrow, I probably can't go.

dōu
都 *both; all*

dōu liǎng gè huò zhě gèng duō, quán bù dōu shì.
“都”: 两个或者更多, 全部都是。
都 = both / all of them.

tā men dōu dào le ma?
他们都到了吗?
Are they all here?

bīng kuài
冰块 *ice cubes*

fàng zài yǐn liào lǐ de bīng.
放在饮料里的冰。

Ice in a drink.

hē yǐn liào de shí hòu, nǐ xǐ huān jiā bīng kuài ma?
喝饮料的时候, 你喜欢加冰块吗?
Do you like ice in your drinks?

guǒ pán
果盘 *fruit plate*

yí pán qiē hǎo de shuǐ guǒ, jiǔ bā, KTV lǐ cháng diǎn.
一盘切好的水果。酒吧、KTV 里常点。

A plate of cut fruit — often ordered in bars and karaoke.

wǒ men diǎn gè guǒ pán ba.
我们点个果盘吧。
Let's get a fruit plate.

liè
烈 *strong (drink)*

jiǔ jīng duō, hěn chōng de jiǔ shì "liè jiǔ".
酒精多、很冲的酒是“烈酒”。

A drink with a lot of alcohol is 烈酒, a strong spirit.

wǒ hē bù liǎo tài liè de jiǔ.
我喝不了太烈的酒。
I can't drink very strong spirits.

lái yì bēi
来一杯 *I'll have one*

diǎn dōng xī de shí hòu shuō "lái yì bēi" "lái yì gè", jiù shì "yào yì bēi".
点东西的时候说“来一杯”“来一个”, 就是“要一杯”。

When ordering, 来一杯 / 来一个 = I'll have one.

lǎo bǎn, lái yì wǎn miàn!
老板, 来一碗面!
Boss, a bowl of noodles!

xiǎo chī
小吃 *snacks*

yí diǎn diǎn chī de dōng xī: shǔ tiáo, guǒ pán, zhá jī.....
一点点吃的东西: 薯条、果盘、炸鸡.....

Small things to eat: fries, a fruit plate, fried chicken...

nǐ men guó jiā zuì yǒu míng de xiǎo chī shì shén me?
你们国家最有名的小吃是什么?
What's the most famous snack in your country?

yí fèn
一份 *one portion*

fèn yí gè rén chī de liáng, yí fèn shā lā, liǎng fèn yì dà lì miàn.
“份”: 一个人吃的量。一份沙拉、两份意大利面。

份 = one portion: 一份沙拉, 两份意大利面.

wǒ yào yí fèn chǎo fàn.
我要一份炒饭。
One fried rice, please.

wēi xìn hái shì zhī fù bǎo
微信还是支付宝 *WeChat or Alipay?*

zài zhōng guó fù qián duō bàn yòng shǒu jī wēi xìn huò zhē zhī fù bǎo
在中国付钱多半用手机：微信或者支付宝。

In China people mostly pay by phone: WeChat or Alipay.

nǐ yòng wēi xìn fù qián hái shì zhī fù bǎo fù qián
你用微信付钱还是支付宝付钱？
Do you pay with WeChat or Alipay?

shì hé péng you yì qǐ lái de
是和朋友一起来的

came with a friend

shì de shuō yǐ jīng fā shēng de shì shì gēn shéi shén me shí
“是……的”：说已经发生的事是跟谁、什么时
hou zěn me zuò de
候、怎么做的。

是……的 tells who / when / how something already happened.

wǒ shì zuò dì tiě lái de
我是坐地铁来的。
I came by metro.

sān gè duō yuè
三个多月 *a bit over three months*

shù zì gè duō yuè bǐ zhè ge shù duō yì diǎn sān gè duō
“数字 + 个多月”：比这个数多一点。三个多
yuè yì nián duō
月、一年多。

number + 个多月 = a little more than that: 三个多月，一年多。

wǒ xué zhōng wén xué le yì nián duō
我学中文了一年多。
I've studied Chinese for just over a year.

yì bān bān
一般般 *so-so*

bú tài hǎo yě bù tài huài bié rén kuā nǐ de shí hou zhōng guó rén
不太好，也不太坏。别人夸你的时候，中国人
cháng shuō méi yǒu méi yǒu yì bān bān
常说“没有没有，一般般”。

Not great, not bad. When praised, Chinese people often say 没有没有，一般般。

zhè jiā diàn de kā fēi yì bān bān
这家店的咖啡一般般。
The coffee here is just so-so.

zhè lǐ yǒu rén ma
这里有人吗 *is this seat taken?*

yǒu rén zài zhè shì yǒu rén zuò le xiǎng zuò bié rén páng biān
“有人”在这儿是“有人坐了”。想坐别人旁边，
xiān wèn zhè yí jù
先问这一句。

有人 here means someone's sitting there. Ask this before you sit next to someone.

qǐng wèn zhè lǐ yǒu rén ma
请问这里有人吗？
Excuse me, is this seat taken?

duō jiǔ
多久 *how long*

duō jiǔ jiù shì duō cháng shí jiān
“多久”就是“多长时间”。

多久 = how long (多长时间).

cóng nǐ jiā dào gōng sī yào duō jiǔ
从你家到公司要多久？
How long does it take from your home to work?

shuō de hěn hǎo
说得很好 *speak really well*

dòng cí dé zěn me yàng shuō de hěn hǎo pǎo de hěn
“动词 + 得 + 怎么样”：说得很好、跑得很
kuài shuì de bù hǎo
快、睡得不好。

verb + 得 + how: 说得很好, 跑得很快, 睡得不好。

nǐ tiào de hěn bàng
你跳得很棒！
You dance really well!

jiā gè wēi xìn
加个微信 *add on WeChat*

jiā wēi xìn zài wēi xìn shàng jiā péng you shuō jiā gè wēi xìn gèng
“加微信”：在微信上加朋友。说“加微信”更
qīng sōng
轻松。

加微信 = add someone on WeChat. 加个微信 sounds more casual.

wǒ men jiā gè wēi xìn ba
我们加个微信吧。
Let's add each other on WeChat.

nǐ sǎo wǒ hái shì wǒ sǎo nǐ
你扫我还是我扫你

you scan me or I scan you?

jiā wēi xìn de shí hòu yí gè rén dǎ kāi èr wéi mǎ líng yí gè rén
加微信的时候，一个人打开二维码，另一个人
扫。

When adding on WeChat, one person shows a QR code and the other scans it.

nǐ sǎo wǒ ba
你扫我吧。

You scan mine.

gān bēi
干杯 *cheers!*

pèng bēi de shí hòu shuō “gān bēi”
碰杯的时候说“干杯”。

Say 干杯 when you clink glasses.

wèi wǒ men de yǒu yì gān bēi
为我们的友谊，干杯！

To our friendship — cheers!

gāng rèn shi
刚认识 *just met*

gāng yí diǎn diǎn shí jiān yǐ qián gāng rèn shi gāng dào gāng chī
“刚”：一点点时间以前。刚认识、刚到、刚吃
完。

刚 = just now: 刚认识, 刚到, 刚吃完.

wǒ gāng dào nǐ zài nǎ lǐ
我刚到，你在哪里？

I just got here — where are you?



dǎ gōng kǎ fēi diàn de yì tiān 打工：咖啡店的一天

08

Part-time job: a day at the café

dāng diàn yuán

当店员 *work as shop staff*

dāng shēn fèn zuò zhè ge gōng zuò zhè ge jué sè dāng lǎo shī dāng diàn yuán
“当 + 身份”：做这个工作、这个角色。当老师、当店员。

当 + role = work as / be: 当老师, 当店员.

wǒ dà xué de shí hou zài kǎ fēi diàn dǎ guo gōng
我大学的时候在咖啡店打过工。

I worked part-time in a café at university.

zhāo hū

招呼 *greet; attend to*

kè rén lái le gēn tā dǎ zhāo hū wèn tā yào shén me
客人来了，跟他打招呼、问他要什么。

Say hello to a customer and ask what they'd like.

yǒu kè rén nǐ qù zhāo hū yí xià
有客人，你去招呼一下。

There's a customer – go and see to them.

xīn kǔ le

辛苦了 *thanks for your hard work*

bié rén gōng zuò wán le shuō xīn kǔ le xiè xiè tā de nǔ lì
别人工作完了，说“辛苦了”，谢谢他的努力。

Said to someone who has worked hard – thanks for the effort.

jīn tiān dà jiā dōu xīn kǔ le
今天大家都辛苦了！

Great work today, everyone!

gōng zī

工资 *wages; pay*

gōng zuò zhèng de qián
工作挣的钱。

The money you earn by working.

nǐ de gōng zī shì duō shǎo
你的工资是多少？

How much do you earn?

jiǎng jīn

奖金 *bonus*

zuò de hǎo duō gěi de qián
做得好，多给的钱。

Extra money for doing well.

nián dī yǒu jiǎng jīn

年底有奖金。

There's a bonus at the end of the year.

kè qì

客气 *polite*

duì bié rén yǒu lǐ mào shuō huà wēn hé
对别人有礼貌，说话温和。

Being polite and gentle with people.

tā shuō huà hěn kè qì

他说话很客气。

He speaks very politely.

fù kuǎn

付款 *pay*

fù qián diàn lǐ cháng shuō fù kuǎn
付钱。店里常说“付款”。

To pay. Shops often say 付款.

kě yǐ yòng shǒu jī fù kuǎn ma

可以用手机付款吗？

Can I pay by phone?

mǎ shàng

马上 *right away*

hěn kuài yí huìr jiù
很快，一会儿就.....

Very soon, in a moment.

wǒ mǎ shàng jiù dào

我马上就到。

I'll be there right away.

yí gòng

一共 *in total*

quán bù jiā qǐ lái
全部加起来。

Everything added up.

yí gòng duō shǎo qián

一共多少钱？

How much is it altogether?

qǔ cān hào

取餐号 *pickup number*

fù le qián diàn lǐ gěi kè rén yí gè hào hǎo le jiào zhè ge hào
付了钱，店里给客人一个号，好了叫这个号。

After paying, the customer gets a number to collect their order.

fú wù yuán

服务员 *waiter; staff*

zài fàn guǎn kā fēi diàn jiào diàn lǐ gōng zuò de rén
在饭馆、咖啡店叫店里工作的人。

What you call the staff in a restaurant or café.

fú wù yuán mǎi dān

服务员，买单！

Waiter, the bill please!

dōu xíng

都行 *either is fine*

liǎng gè dōu kě yǐ
两个都可以。

Both are OK.

chá hái shì kā fēi dōu xíng

茶还是咖啡？都行。

Tea or coffee? Either is fine.

nǐ de zhōng wén hěn hǎo

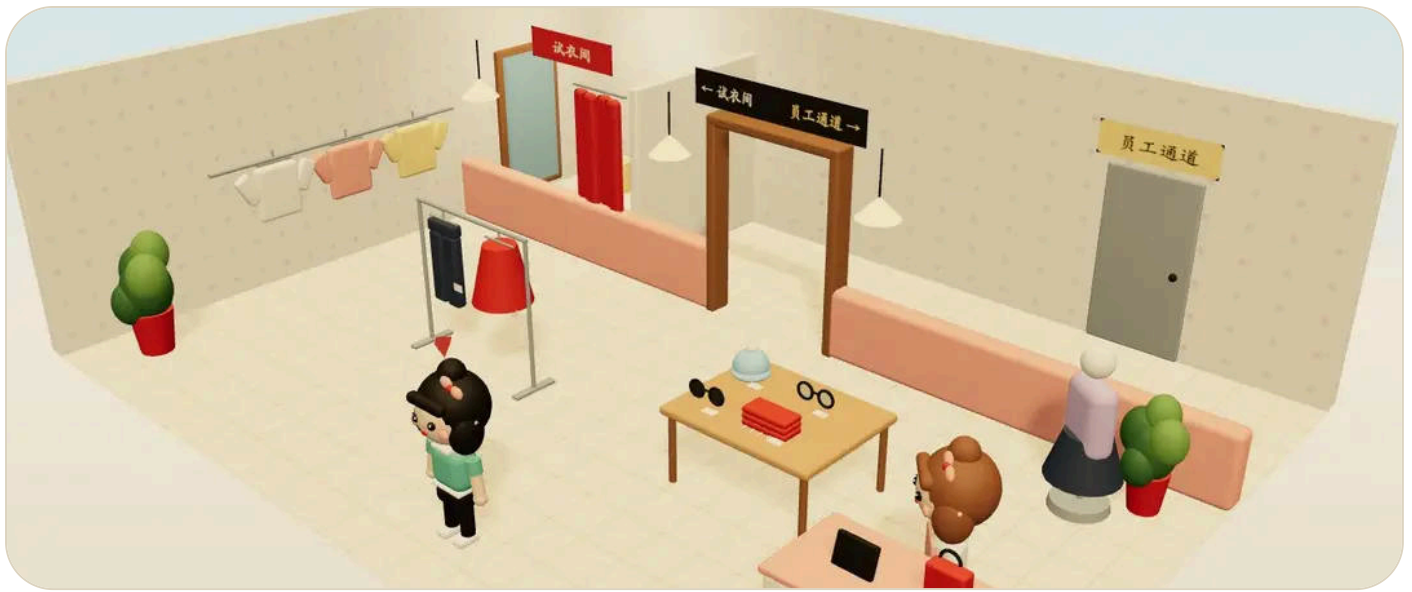
你的中文很好

your Chinese is very good

zhōng guó rén cháng zhè yàng kuā xué zhōng wén de rén huí dá kě yǐ shuō nǎ
中国人常这样夸学中文的人。回答可以说“哪

里哪里”或者“谢谢”。

Chinese people often say this to learners. You can answer 哪里哪里 or just 谢谢.



打工：服装店店员

09

Part-time job: clothes shop assistant

diàn yuán

店员 *shop assistant*

zài diàn lǐ gōng zuò zhāo hū kè rén de rén
在店里工作、招呼客人的人。

Someone who works in a shop and serves customers.

zhè jiā diàn de diàn yuán hěn rè qíng
这家店的店员很热情。

The staff in this shop are very friendly.

xīn kǔ le

辛苦了 *thanks for your hard work*

bié rén zuò wán hěn lèi de shì duì tā shuō
别人做完很累的事，对他说。

Said to someone after they've worked hard.

jīn tiān xīn kǔ le zǎo diǎn xiū xi
今天辛苦了，早点休息。

You've worked hard today — get some rest.

hé shì

合适 *fits; suitable*

dà xiǎo yàng zi zhèng hǎo
大小、样子正好。

The right size or style.

zhè shuāng xié wǒ chuān hěn hé shì
这双鞋我穿很合适。

These shoes fit me well.

dà yì diǎn

大一点 *a bit bigger*

xíng róng cí yì diǎn bǐ yì bǐ yào duō yì xiē
“形容词 + 一点”：比一比，要多一些。

Adjective + 一点 = a bit more so.

yǒu méi yǒu pián yi yì diǎn de
有没有便宜一点的？

Is there a cheaper one?

pián yi yì diǎn

便宜一点 *a bit cheaper*

huán jià de shí hòu shuō
还价的时候说。

What you say when bargaining.

lǎo bǎn pián yi yì diǎn ba
老板，便宜一点吧！

Boss, a little cheaper, please!



dǎ gōng chǒng wù diàn bāngmáng

打工：宠物店帮忙

10

Part-time job: helping at the pet shop

bāngmáng

帮忙 *help (out)*

bāng bié rén zuò shì bāngmáng hòu miàn bù jiā bié de cí bāng
帮别人做事。“帮忙”后面不加别的词；“帮 +
人 + 做事”。

Help out. 帮忙 stands alone; 帮 + someone + do something.

nǐ néngbāng wǒ yí gè máng ma

你能帮我一个忙吗？

Can you do me a favour?

bú ài chī fàn

不爱吃饭 *doesn't like eating*

bú ài dòng cí bú xǐ huān zuò
“不爱 + 动词”：不喜欢做。

不爱 + verb = doesn't like doing.

wǒ ér zi bú ài chī qīng cài

我儿子不爱吃青菜。

My son doesn't like eating greens.

xīn kǔ le

辛苦了 *thanks for your hard work*

bié rén zuò wán hěn lèi de shì duì tā shuō
别人做完很累的事，对他说。

Said to someone after they've worked hard.

jīn tiān xīn kǔ le

今天辛苦了，早点休息。

You've worked hard today – get some rest.

yì bāo

一包 *a bag/pack*

zhuāng zài dài zi lǐ de dōng xī yòng bāo
装在袋子里的东西用“包”。

Things in a bag or pack take 包.

wǒ mǎi le liǎng bāo bǐng gān

我买了两包饼干。

I bought two packs of biscuits.

zěn me bàn

怎么办 *what to do*

yù dào wèn tí bù zhī dào gāi zuò shén me de shí hòu wèn

遇到问题，不知道该做什么的时候问。

Ask this when you don't know what to do.

wǒ de shǒu jī diū le zěn me bàn

我的手机丢了，怎么办？

I've lost my phone — what do I do?

mō mo

摸摸 *stroke; pat*

dòng cí chóng dié qīng qīng de mō yí xià

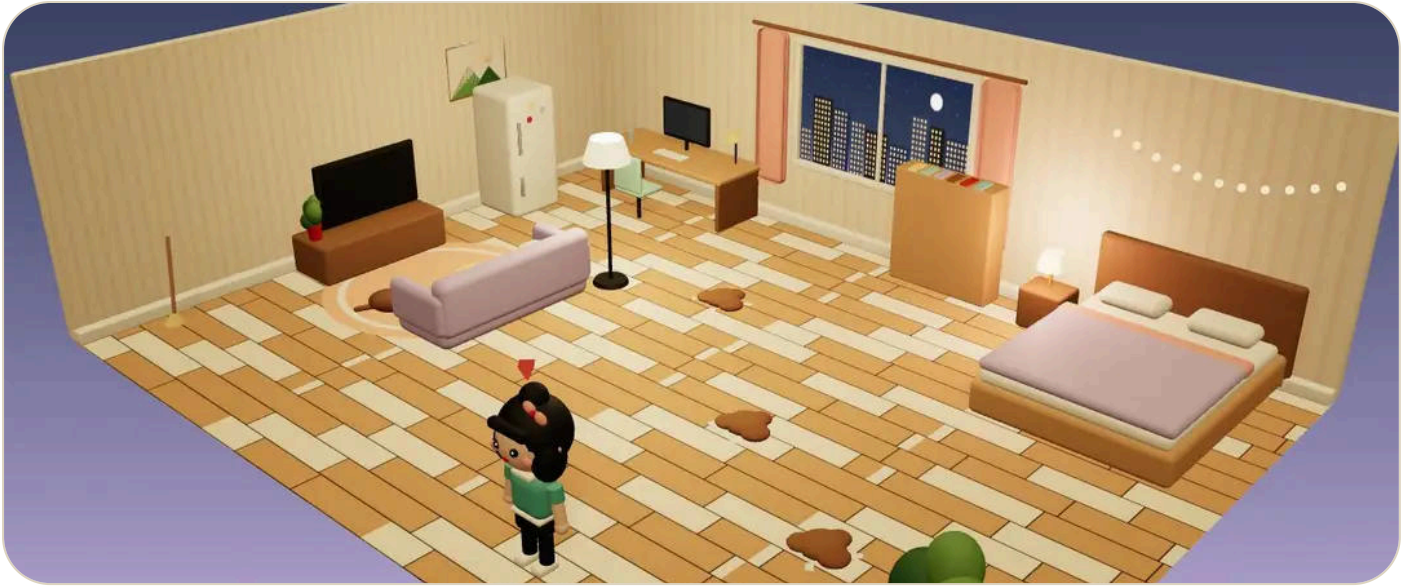
动词重叠，轻轻地摸一下。

Doubled verb: a gentle stroke.

wǒ kě yǐ mō mo nǐ de gǒu ma

我可以摸摸你的狗吗？

Can I pat your dog?



回家休息

11 Home: time to rest

zhōng yú

终于 *at last*

dēng le hěn jiǔ zui hòu

等了很久，最后……

After a long time, finally...

wǒ zhōng yú kǎo wán shì le

我终于考完试了！

I've finally finished my exams!

xiān dǎ sǎo yí xià fáng jiān zài xiū xi

先打扫一下房间，再休息

first tidy up, then rest

xiān zài zuò wán le zài zuò

“先 A，再 B”：A 做完了，再做 B。

先 A，再 B = do A first, then B.

wǒ men xiān chī fàn zài kàn diàn yǐng

我们先吃饭，再看电影。

Let's eat first, then watch a film.

zāng

脏 *dirty*

bù gān jìng

不干净。

Not clean.

wǒ de xié zāng le

我的鞋脏了。

My shoes are dirty.

sǎo sǎo dì

扫扫地 *sweep the floor*

sǎo dì yòng sǎo bǎ bǎ dì shàng de dōng xī sǎo zǒu dòng cí shuō liǎng

“扫地”：用扫把把地上的东西扫走。动词说两

遍（扫扫），听起来轻松：做一下。

扫地 = sweep the floor. Saying the verb twice (扫扫) sounds relaxed: just a quick sweep.

wǒ qù xǐ xǐ shǒu

我去洗洗手。

I'll just wash my hands.

gān jìng

干净 *clean*

méi yǒu huī

没有灰、没有脏东西。

No dust, nothing dirty.

fáng jiān hěn gān jìng

房间很干净。

The room is very clean.

shàngwǎng

上网 *go online*

yòng diàn nǎo

用电脑、手机上网。

Use the internet on a computer or phone.

wǒ měi tiān wǎn shàngshàngwǎng

我每天晚上上网。

I go online every evening.

péng you quān

朋友圈 *WeChat Moments*

wēi xìn lǐ péng you fā de zhào piàn hé huà

微信里朋友发的照片和话。

The photos and posts friends share on WeChat.

tā zài péng you quān fā le hěn duō zhào piàn

她在朋友圈发了很多照片。

She posted lots of photos on her Moments.

diǎn gè zàn

点个赞 *give it a like*

zài péng you quān diǎn zàn jiù shì shuō wǒ xǐ huān

在朋友圈点“赞”，就是说“我喜欢”。

点赞 = tap like on a post.

dà jiā dōu gěi wǒ diǎn zàn le

大家都给我点赞了。

Everyone liked my post.

shā fā

沙发 *sofa*

jiā lǐ zuò zhe xiū xi de cháng yǐ zi

家里坐着休息的长椅子。

The long soft seat at home.

māo zài shā fā shàng shuì jiào

猫在沙发上睡觉。

The cat is sleeping on the sofa.

tiān qì yù bào

天气预报 *weather forecast*

diàn shì shǒu jī shàng shuō míng tiān tiān qì zěn me yàng

电视、手机上说明天天气怎么样。

What the TV or your phone says about tomorrow's weather.

nǐ kàn tiān qì yù bào le ma

你看天气预报了吗？

Did you check the weather forecast?

qíng tiān

晴天 *sunny day*

tiān shàng méi yǒu yún yǒu tài yáng

天上没有云，有太阳。

No clouds, just sunshine.

jīn tiān shì qíng tiān

今天是晴天。

It's sunny today.

kùn

困 *sleepy*

xiǎng shuì jiào

想睡觉。

Wanting to sleep.

wǒ zuó tiān shuì de tài wǎn jīn tiān hěn kùn

我昨天睡得太晚，今天很困。

I went to bed too late yesterday, so I'm sleepy today.

guāndēng

关灯 *turn off the light*

“关”：关灯、关门、关电视；反过来是“开”。

关 = turn off / close: 关灯, 关门, 关电视. The opposite is 开.

chū mén de shí hòu jì de guāndēng

出门的时候记得关灯。

Remember to turn off the lights when you go out.

è bu è

饿不饿 *hungry or not?*

“形容词 + 不 + 形容词”是问句：饿不饿？累不累？

adjective + 不 + adjective makes a question: 饿不饿？累不累？

nǐ lěng bu lěng

你冷不冷？

Are you cold?

jiāo shuǐ

浇水 *water (plants)*

给花、给草喝水。

Give plants a drink.

wǒ měi tiān gěi huā jiāo shuǐ

我每天给花浇水。

I water the flowers every day.

guò lái

过来 *come over here*

“过来”：到我这儿来。“过去”：到那儿去。

过来 = come over here. 过去 = go over there.

nǐ guò lái yí xià

你过来一下。

Come here a sec.

wǎn ān

晚安 *good night*

睡觉以前说的话。

What you say before going to sleep.

wǎn ān míng tiān jiàn

晚安，明天见！

Good night, see you tomorrow!

bīng xiāng

冰箱 *fridge*

“冰”+“箱”：放东西、让东西凉的箱子。

冰 cold + 箱 box: the box that keeps food cold.

bǎ niú nǎi fàng jìn bīng xiāng

把牛奶放进冰箱。

Put the milk in the fridge.

tiào

跳 *jump*

两只脚离开地面，往上、往前。

Push off the ground and go up or forward.

xiǎo gǒu tiào de hěn gāo

小狗跳得很高。

The puppy jumps really high.

yáo wěi ba

摇尾巴 *wag its tail*

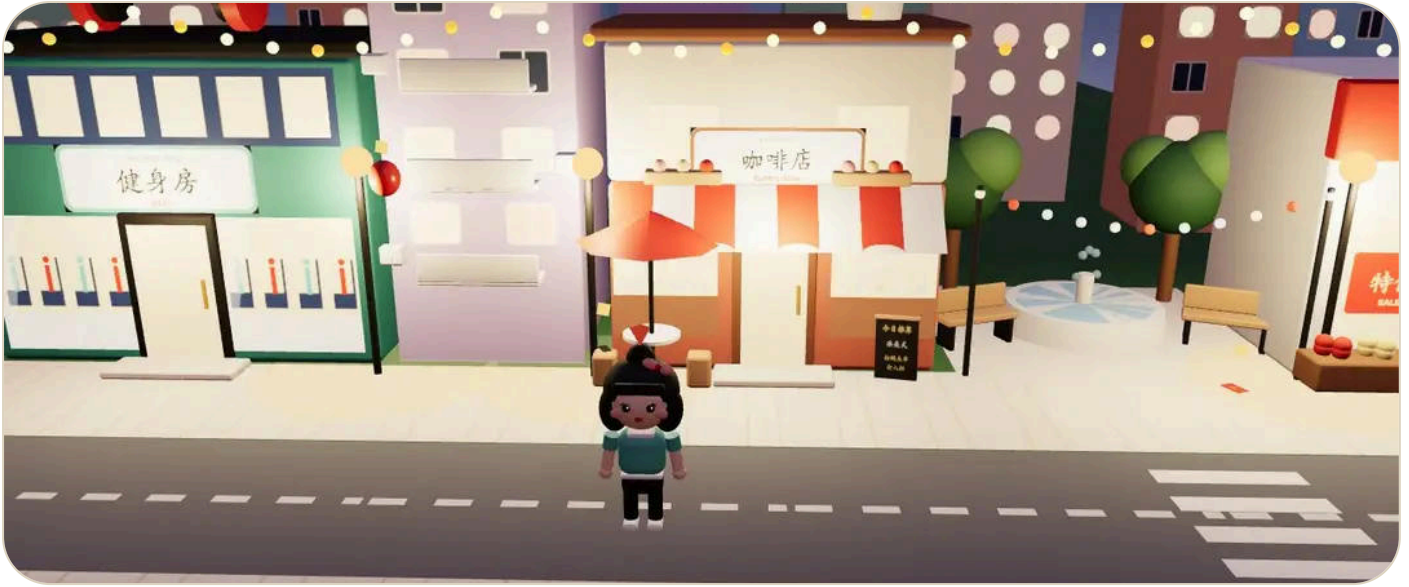
狗高兴的时候会摇尾巴。

Dogs wag their tails when they're happy.

xiǎo gǒu yí kàn jiàn wǒ jiù yáo wěi ba

小狗一看见我就摇尾巴。

The puppy wags its tail as soon as it sees me.



xiǎo zhèn jiē shàng de shì 小镇：街上的事

12

Town: out on the street

wèn lù

问路 Giving directions

qǐng wèn

请问 *excuse me (may I ask)*

wèn bié rén wèn tí yǐ qián xiān shuō qǐng wèn hěn yǒu lǐ mào
问别人问题以前先说“请问”，很有礼貌。

Say 请问 before asking a stranger something – it's polite.

qǐng wèn cè suǒ zài nǎ lǐ
请问，厕所在哪里？

Excuse me, where's the toilet?

zuǒ biān

左边 *left side*

miàn duì zhe zhè yì pái diàn zuǒ shǒu nà biān shì zuǒ biān yòu shǒu nà biān shì yòu biān
面对着这一排店：左手那边是“左边”，右手那边是“右边”。

Facing the shops: your left hand side is 左边, right is 右边.

xǐ shǒu jiān zài diàn tī zuǒ biān
洗手间在电梯左边。

The toilet is to the left of the lift.

yòu biān

右边 *right side*

yòu shǒu nà biān
右手那边。

Your right-hand side.

wǒ jiā zài yín háng yòu biān
我家在银行右边。

My home is to the right of the bank.

zhōng jiān

中间 *between; in the middle*

zài hé zhōng jiān liǎng gè de zhōng jiān
“在 A 和 B 中间”：A、B 两个的中间。

在 A 和 B 中间 = between A and B.

wǒ zuò zài tā men liǎng gè zhōng jiān
我坐在他们两个中间。

I'm sitting between the two of them.

páng biān

旁边 *next to*

“在……旁边”：很近，挨着。

在……旁边 = right next to.

chāo shì páng biān yǒu yì jiā kā fēi diàn

超市旁边有一家咖啡店。

There's a café next to the supermarket.

wǎng yòu zǒu

往右走 *walk to the right*

“往 + 方向 + 走”：往左走、往右走、往前走。

往 + direction + 走: walk left / right / straight on.

wǎng qián zǒu liǎng bǎi mǐ jiù dào le

往前走两百米就到了。

Walk 200 metres ahead and you're there.

guò le lù kǒu jiù shì

过了路口就是

just past the crossroads

“路口”是两条路交叉的地方。“过了……就是”：走过那儿，就到了。

路口 = a crossroads. 过了……就是 = just past it, you're there.

guò le hóng lǜ dēng jiù shì wǒ jiā

过了红绿灯就是我家。

My home is just past the traffic lights.

bú kè qì

不客气 *you're welcome*

别人说“谢谢”，你说“不客气”。

When someone says 谢谢, answer 不客气.

——谢谢你！——不客气。

— Thank you! — You're welcome.

gòngxiāng dān chē

共享单车 Shared bikes

sǎo mǎ

扫码 *scan the code*

yòng shǒu jī sǎo èr wéi mǎ

用手机扫二维码。

Scan a QR code with your phone.

zhè jiā diàn sǎo mǎ diǎn dān

这家店扫码点单。

This shop takes orders by QR code.

kāi suǒ

开锁 *unlock*

bǎ suǒ dǎ kāi gòngxiāng dān chē sǎo le mǎ suǒ jiù kāi le

把锁打开。共享单车扫了码，锁就开了。

Open the lock. Scan a shared bike's code and it unlocks.

wǒ de chē kāi bù liǎo suǒ le

我的车开不了锁了。

My bike won't unlock.

qí chē

骑车 *ride a bike*

“骑”：坐在车、马上面走。骑车、骑马、骑电动车。

骑 = ride (sitting on it): 骑车, 骑马.

wǒ měi tiān qí chē shàng bān

我每天骑车上上班。

I ride my bike to work every day.

hái chē

还车 *return the bike*

qí wán le bǎ chē tíng hǎo zài shǒu jī shàng guān suǒ jiù shì hái chē

骑完了，把车停好，在手机上关锁，就是“还车”。

Park the bike and lock it in the app when you're done.

hái chē yǐ hòu cái huì kòu qián

还车以后才会扣钱。

You're only charged after you return the bike.

tíng chē diǎn

停车点 *bike parking spot*

dì shàng huà le kuàng de dì fāng gòngxiǎng dān chē yào tíng zài zhè lǐ
地上画了框的地方，共享单车要停在这里面。

The marked box on the ground where shared bikes must be parked.

qián miàn lù kǒu yǒu gè tíng chē diǎn

前面路口有个停车点。

There's a bike parking spot at the crossroads ahead.

yí kuài wǔ

一块五 *1.50 yuan*

yí kuài wǔ jiù shì yí kuài wǔ máo yī wǔ yuán
“一块五”就是一块五毛，1.5 元。

一块五 = one yuan fifty, ¥1.5.

yì píng shuǐ liǎng kuài wǔ

一瓶水两块五。

A bottle of water is 2.50.

xún bǎo

寻宝 *Treasure hunt*

xiǎo māo

小猫 *kitten*

xiǎo fàng zài dòng wù qián miàn xiǎo māo xiǎo gǒu tīng qǐ lái hěn kě ài
“小”放在动物前面：小猫、小狗，听起来很可爱。

小 before an animal sounds cute: 小猫, 小狗.

wǒ jiā yǒu yì zhī xiǎo māo

我家有一只小猫。

We have a kitten at home.

hóng bāo

红包 *red envelope (hongbao)*

zhuāng zhe qián de hóng sè xiǎo zhǐ dai guò nián jié hūn de shí hou
装着钱的红色小纸袋。过年、结婚的时候给；微信上也能发红包。

A red packet with money in it — given at New Year and weddings, and sent on WeChat too.

guó nián de shí hou nǚ nai gěi wǒ fā hóng bāo

过年的时候，奶奶给我发红包。

Grandma gives me a red envelope at New Year.

yào shi

钥匙 *key(s)*

kāi mén kāi suǒ yòng de

开门、开锁用的。

What you open doors and locks with.

wǒ de yào shi zhǎo bú dào le

我的钥匙找不到了。

I can't find my keys.

yǔ sǎn

雨伞 *umbrella*

xià yǔ de shí hou dǎ de sǎn

下雨的时候打的伞。

What you hold up when it rains.

wǒ wàng le dài yǔ sǎn

我忘了带雨伞。

I forgot my umbrella.

shǒu jī

手机 *mobile phone*

shǒu jī ná zài shǒu lǐ de jī qì

“手”+“机”：拿在手里的机器。

手 hand + 机 machine: the machine in your hand.

wǒ de shǒu jī méi diàn le

我的手机没电了。

My phone's dead.

qián bāo

钱包 *wallet*

fàng qián de xiǎo bāo

放钱的小包。

A little bag for money.

wǒ de qián bāo lǐ méi yǒu xiàn jīn

我的钱包里没有现金。

There's no cash in my wallet.

qì qiú
气球 *balloon*

chuī le qì de qiú huì piāo qǐ lái
吹了气的球，会飘起来。

A ball filled with air — it floats.

hái zǐ men zuì xǐ huān qì qiú
孩子们最喜欢气球。

Kids love balloons.

ěr jī
耳机 *earphones*

dài zài ěr duo shàng tīng yīn yuè de xiǎo dōng xī
戴在耳朵上听音乐的小东西。

Little things you wear in your ears to listen to music.

wǒ zuò dì tiě de shí hòu dài ěr jī
我坐地铁的时候戴耳机。

I wear earphones on the metro.

diào
掉 *fall; drop*

diào cóng shàng miàn luò dào xià miàn
“掉”：从上面落到下面。

掉 = fall down from somewhere.

wǒ de yào shì diào le
我的钥匙掉了。

I dropped my keys.

yì zhī
一支 *(measure word for long thin things)*

bǐ kǒu hóng zhè zhǒng xì cháng de dōng xī liàng cí shì zhī
笔、口红这种细长的东西，量词是“支”。

Long thin things like pens and lipsticks are counted with 支.

wǒ yǒu sān zhī bǐ
我有三支笔。

I have three pens.

yī guì
衣柜 *Wardrobe*

zhǔ rén
主人 *owner*

yǎng xiǎo māo xiǎo gǒu de rén shì tā de zhǔ rén
养小猫小狗的人，是它的“主人”。

The person a pet belongs to is its 主人.

zhè zhī xiǎo gǒu de zhǔ rén shì shéi
这只小狗的主人是谁？

Who does this puppy belong to?

wàng
忘 *forget; leave behind*

wàng bú jì de liǎo bǎ wàng zài dōng xī liú
“忘”：不记得了。“把.....忘在.....”：东西留
zài nàr méi ná zǒu
在那儿，没拿走。

忘 = forget. 把...忘在... = leave something behind
somewhere.

wǒ bǎ shǒu jī wàng zài jiā lǐ le
我把手机忘在家里了。

I left my phone at home.

yì zhāng
一张 *(measure word for flat things)*

kǎ piào zhǐ zhào piàn de liàng cí shì zhāng
卡、票、纸、照片的量词是“张”。

Cards, tickets, paper and photos are counted with 张.

wǒ mǎi le liǎng zhāng diàn yǐng piào
我买了两张电影票。

I bought two cinema tickets.

chuān

穿 *wear (clothes)*

yī fu kù zi xié zi yòng chuān
衣服、裤子、鞋子用“穿”。

Clothes, trousers and shoes take 穿.

jīn tiān hěn lěng duō chuān yì diǎn
今天很冷，多穿一点。

It's cold today – wear more.

máo yī

毛衣 *sweater*

dōng tiān chuān de máo xiàn zhī de yī fu
冬天穿的、毛线织的衣服。

A knitted top for cold days.

zhè jiàn máo yī hěn nuǎn huo
这件毛衣很暖和。

This sweater is very warm.

bēi yí gè

背一个 *carry one (on your back)*

zhè lǐ dú bēi: bǎ dōng xī fàng zài jiān shàng dài zhe zǒu
这里读 bēi: 把东西放在肩上带着走。

Here it is read bēi: to carry something on your back.

tā měi tiān bēi zhe diǎn nǎo shàng bān
他每天背着电脑上班。

He carries his laptop on his back to work every day.

yì dǐng

一顶 *(measure word for hats)*

mào zi de liang cí shì dǐng yì dǐng mào zi
帽子的量词是“顶”：一顶帽子。

Hats are counted with 顶: 一顶帽子.

wǒ mǎi le yì dǐng xīn mào zi
我买了一顶新帽子。

I bought a new hat.

dài

戴 *wear (accessories)*

mào zi yǎn jìng fā dài shǒu biǎo yòng dài bù yòng chuān
帽子、眼镜、发带、手表用“戴”，不用“穿”。

Hats, glasses, headbands and watches take 戴, not 穿.

wǒ dài yǎn jìng
我戴眼镜。

I wear glasses.

wài tào

外套 *jacket; coat*

chuān zài zuì wài miàn de yī fu
穿在最外面的衣服。

The top layer you wear outside.

chū mén de shí hou chuān shàng wài tào
出门的时候穿上外套。

Put on a jacket when you go out.

yī fu

衣服 *clothes*

yī fu chuān zài shēn shàng de dōng xī de zǒng chēng
衣服：穿在身上的东西的总称。

衣服 = clothes in general.

wǒ xiǎng mǎi jǐ jiàn xīn yī fu
我想买几件新衣服。

I want to buy some new clothes.

cǎo mào

草帽 *straw hat*

cǎo biān de mào zi xià tiān dài
草编的帽子，夏天戴。

A woven straw hat for summer.

xià tiān qù hǎi biān dài yì dǐng cǎo mào ba
夏天去海边，戴一顶草帽吧。

Wear a straw hat to the beach in summer.

yí jiàn

一件 *one (piece of clothing)*

shàng yī de liang cí shì jiàn yí jiàn xù yí jiàn wài tào
上衣的量词是“件”：一件T恤、一件外套。

Tops are counted with 件: 一件T恤, 一件外套.

wǒ mǎi le liǎng jiàn chèn shān

我买了两件衬衫。

I bought two shirts.

wèi yī

卫衣 *hoodie; sweatshirt*

hòu yī diǎn de yùn dòng shàng yī cháng cháng yǒu mào zi
厚一点的运动上衣，常常有帽子。

A thick sporty top, often with a hood.

tiān lěng le chuān jiàn wèi yī ba

天冷了，穿件卫衣吧。

It's getting cold — wear a hoodie.

niú zǎi kù

牛仔裤 *jeans*

lán sè de hěn jiē shí de kù zi
蓝色的、很结实的裤子。

Strong blue trousers.

wǒ měi tiān dōu chuān niú zǎi kù

我每天都穿牛仔裤。

I wear jeans every day.

máo xiàn mào

毛线帽 *woolly hat*

máo xiàn zhī de mào zi dōng tiān dài hěn nuǎn huo
毛线织的帽子，冬天戴很暖和。

A knitted hat — warm in winter.

xià xuě le dài shàng máo xiàn mào ba

下雪了，戴上毛线帽吧。

It's snowing — put on a woolly hat.

yùn dòng kù

运动裤 *track pants*

yùn dòng de shí hòu chuān de kù zi kù zi shì chuān zài tuǐ shàng de yī fu
运动的时候穿的裤子。“裤子”是穿在腿上的衣服。

Trousers for sport. 裤子 = trousers.

zhè tiáo kù zi yǒu diǎn cháng

这条裤子有点长。

These trousers are a bit long.

chèn shān

衬衫 *shirt*

yǒu lǐng zi yǒu kòu zi de shàng yī
有领子、有扣子的上衣。

A top with a collar and buttons.

shàng bān yào chuān chèn shān

上班要穿衬衫。

You wear a shirt to work.

yì tiáo

一条 *(measure word for skirts, trousers)*

qún zi kù zi wéi jīn de liang cí shì tiáo
裙子、裤子、围巾的量词是“条”。

Skirts, trousers and scarves are counted with 条.

wǒ yǒu sān tiáo qún zi

我有三条裙子。

I have three skirts.

yǎn jìng

眼镜 *glasses*

kàn bù qīng chu de shí hòu dài de
看不清楚的时候戴的。

What you wear when you can't see clearly.

wǒ kàn shū de shí hòu dài yǎn jìng

我看书的时候戴眼镜。

I wear glasses when I read.

mò jìng

墨镜 *sunglasses*

hēi sè de yǎn jìng tài yáng dà de shí hòu dài
黑色的眼镜，太阳大的时候戴。

Dark glasses for strong sun.

xià tiān qù hǎi biān yào dài mò jìng

夏天去海边要带墨镜。

Take sunglasses to the beach in summer.

wéi

围 *wrap around*

wéi jīn bù shuō chuān yě bù shuō dài shuō wéi wéi zài bó zi shàng
围巾不说“穿”也不说“戴”，说“围”：围在脖子上。

With a scarf you don't say 穿 or 戴 but 围: wrap it round your neck.

tiān lěng wéi shàng wéi jīn

天冷，围上围巾。

It's cold – wrap your scarf on.

huànshàng

换上 *change into*

huànshàng yī fu tuō xià yí jiàn chuānshàng líng yí jiàn
“换上 + 衣服”：脱下一件，穿上另一件。

换上 + clothes = take one thing off and put another on.

xià yǔ le huànshàng yǔ xié ba

下雨了，换上雨鞋吧。

It's raining – put on your rain boots.

shuì yī

睡衣 *pajamas*

shuì jiào de shí hòu chuān de yī fu
睡觉的时候穿的衣服。

Clothes you wear to sleep.

wǒ de shuì yī shì lán sè de

我的睡衣是蓝色的。

My pajamas are blue.